ume I
7

DECEMBER, 1898.

Vol. V. No. 7
Of the Hypnotic Magazine

SUBSCRIPTION PRICE,
$1.00 PER ANNUM.
SINGLE COPY,
10 Cts.
Foreign Subscriptions,
$1.56—6s. 6d.
per Annum.

# SUGGESTIVE THERAPEUTICS

Edited by SYDNEY FLOWER, LL. D.

## CONTENTS.

| | PAGE |
|---|---|
| Effect of Respiration—By J. W. Harris, M. D. | 263 |
| nomena of Spiritualism No. IV—By H. L. True, M. D. | 266 |
| v to Hypnotize; Lesson IV—By the Editor | 270 |
| ıtion of Hypnotism to Crime—By M. Jules Liégeois of Nancy | 274 |
| orial Notes, Book Reviews, &c. | 278 |
| ıtheria Cure | 295 |

Published on First Day of Every Month by the PSYCHIC PUBLISHING CO.,
Times-Herald Bldg., Chicago.

Entered at the Post Office, Chicago, and admitted through the mails as second-class matter.

# MORPHINE!

The announcement of Garfield Park Sanitarium appears elsewhere in this number. A part of this building has been set aside for the treatment of opium, morphine, cocaine and alcohol habits under the direction of

## FREDERICK SMITH WATERBURY, M. D.

**Specialist in Diseases of Inebriety, Etc.**

At present writing Dr. Waterbury has cured 287 cases by his special method. This method is an original system of treatment which cures without suffering, pain or distress to the patient. The treatment is harmless, painless and quick.

No fee is asked until the patient admits that he is cured.

The amount of the drug which is being taken daily, the form in which it is taken, the length of time for which it has been taken—all these things are of no consequence. The craving ends within 48 hours.

There is none of the misery connected with recovery which spoils and renders ineffective all other forms of treatment.

There is no gradual reduction of the drug. It is withdrawn at once, and all nervousness is stopped within five minutes of the patient's arrival in the Sanitarium. The treatment is like a pleasant dream, which leaves the patient comfortable and free from all craving. Normal in every respect with the exception of a slight weakness, which is overcome in a day or so. No medicines are required in the after-treatment—simply good hygiene and plenty of nourishing food.

After the treatment the patient sleeps well, eats ravenously and builds up quickly. There are no muscular twitchings or pains in the limbs following recovery, nor are patients put under restraint at any time. Restraint is unnecessary during this treatment.

If any physician doubts these statements he can be supplied with such ample proof that what is claimed is no more than the truth that he must perforce be convinced if he accept sworn testimony as fact.

The points of superiority of Dr. Waterbury's treatment over any other so-called cure are:

1. **Freedom from all pain.**
2. **Quickness of cure.**
3. **Cure guaranteed.**
4. **Cure permanent.**

For terms, etc., address,

**F. S. WATERBURY, M. D., 1774-1776 Washington Blvd., Chicago.**

# SUGGESTIVE THERAPEUTICS.

VOL. I.
No. 7.

DECEMBER.

VOL. V. No. 7
OF
Hypnotic Magazine.

## THE EFFECT OF RESPIRATION UPON THE PELVIC ORGANS.

By John Walter Harris, M. D., Denver.

(Read before the Denver Homeopathic Club, August 15, 1898.)

All organic forms or living structures require to be excited to their natural play of motion in order that their powers may become active forces.

There are three sources of motion in the human body. The animation of the brain; the systole and diastole of the heart, and the respiration of the lungs. "In the first epoch of our lives, when we are enveloped by the manifold swathings in the mother's womb, the lungs are unable as yet to expand, and they pass and beguile their day, which is nine months long, in the deepest peace." During this time the brain and the heart rule and govern, and are the only principles of motion. The brain being the first principle, the heart the second. Motion proceeds then from the innermost source to the outermost, but when the period of these destinies has passed away, the manikin, bursting the swathings and bars of the womb, rushes forth upon the theatre of this great world, the state of life instantly changed, forces and motions are inverted, and bent backward against the former life; namely

from the outermost spheres to the innermost. The lungs are opened, and respiration, the third source of motion, begins; and although it is of the lowest form, yet by no means the least important, because it imparts to every structure of the body a certain motion, which calls into activity every organ of the body, and infuses into them new and living powers of action. Not only do the lungs themselves respire, but they also cause the whole system to respire along with them; namely the chest and its contents, the cranium and its contents, the abdomen and its contents, also the arms, hands, legs and feet, so that there is not a corner in any part of the system whither the pulmonic breath does not penetrate with active power.

This motion or power is conveyed through the media of the mediastium, pleura, diaphragm, peritoneum, the ribs, the vertebrae, etc. It is not only conveyed to the different organs in general, as the stomach, liver, mesentery, pancreas, spleen, kidneys, bladder, uterus, ovaries and all the rest, but into the very recesses of each, and thus the lungs excite them, every one, to operate in accordance with their nature and structure.

The contraction of the brain with the Medulla Oblongata and Spinalis takes place at the same time as inspiration, the expansion of the brain with expiration. At the same instant that the cortical glands of the brain are inspiring the nerves with living force, the lungs, in their secondary manner, are imparting to the same fiber their motion, hence the brain and the lungs are working in unison to keep the wheels of this wonderful machine in proper motion. Were it not for this force imparted by respiration, the chyle, which is absorbed by the little lacteals in the intestines, would not be circulated through the lymphatic glands and channels in the mesentery, and finally carried into the thoracic duct, which conveys and empties it into the left sub-clavian vein. Nor but for this same force would the life giving fluid of the brain be carried through the proper channels and emptied into the left jugular vein by which it is also carried into the left sub-clavian, where it unites with and vivifies this chyle, after which we call it blood.

And again were it not for the act of respiration would this same blood which is sent into the lungs themselves, be relieved of

its impurities and supplied with oxygen that it may be fit to send into every part of the body, and carry there its nourishment. So also, this same force enables every gland of the body to perform its proper function, because it extends even into the very cells of those glands, hence the proper amount and consistency of saliva, gastric juice, pancreatic juice, bile, etc., is secreted; and the excretions are also keeping the proper balance. It is by this force that the fluids of the body are kept in motion in their smallest and ultimate channels. The contraction of the heart and arteries is not sufficient to complete the cycle of circulation, and were they not aided the result would be a blood stasis in the capillaries and a lymph stasis in the lymphatic channels. What then is the effect upon this handful of organs situated in the dependent basin, the pelvis, where also, many of the veins have no valves, if in any way this force imparted by respiration is diminished? Nothing more or less than capillary and lymph congestion which may be the cause of hemorrhoids, rectal ulcer, fistula, endo-metritis, endo-cervicitis, ulcer of the cervix, prolapsus, dysmenorrhoea, ovarian neuralgia, menorrhagia and as congestion is the first step to inflammation, a little cold or shock at the right time and you have pelvic peritonitis or cellulitis with its sequel, abscess.

Hence, proper respiration goes a long way in keeping the pelvic organs in a healthy condition and faulty or improper respiration aids materially in causing pelvic disease.

Therefore, in treating pelvic disease see that the patient breathes deeply and correctly.



# THE PHENOMENA OF SPIRITUALISM.

By H. L. True, M. D., McConnelsville, O.

## No. IV.

Our "spirits" sometimes use quaint and curious expressions even to the coining of words. Examples, "Love is your everlasting unkillable I." "The eternality of all that really is fathers you." "No tyranness nor shrew can enter this circle," "Be seizure of your own kingdom," etc. The word Caesar instead of seizure was suggested for the last sentence, but the "spirit" would not have it that way. None of our members are noted for using such expressions and the question is from whence do they originate?

On one occasion a word came to us apparently from the subconscious mind of one of the members present. The question was asked: Are there any infants in the spirit world? Answer: "Some are infants meta." Then the raps discontinued. Is that all the message? "Yes." Didn't you make a mistake in the last word? "No." What do you mean by meta? No answer. Is the m right? Yes, and so we verified each letter of the word. The "spirit" had said exactly what it wanted to say and the question for us was to find out the meaning. During the next week we had the sentence under consideration, and came to the conclusion it had been given to us as a test. The "spirit" had used a Greek word which means change (from which we get metamorphose, etc.) The meaning we worked out of it was this. Some are infants when they get there, but they change. At the next meeting we referred our interpretation to one of our old familiar "spirits," and asked if it was right. Answer. "No." Then please tell us what it does mean. Answer. "Mrs. N——'s child." Mrs. N—. who was sitting at the table, threw up her hands and said: "Oh, that was my child."

The explanation she afterwards gave is as follows; Years ago she gave birth to a stillborn female child. Wishing to keep a record of the event the unusual name Meta was entered in the records, but the name had not occurred to her until reminded of it by the "spirit intelligence."

The next message which I will give conveyed intelligence apparently from the outside. It was from one of our frequent "spirit" visitors and is as follows: "Little Emma Douglas is with me." Where did she live? "Cincinnati." Is she happy? "She will be when her mother and sister become reconciled to her passing over." Where does her mother live? "1762 Powers street, Cumminsville, O." What is her mother's name? "Mrs. W. F. Douglas." When did she pass over? "We found her April 14th, 1898." How long after she passed over was it before you found her? "Not many hours. It might have been a day or two." How old was she? "She does not know her age." What is her father's occupation? "Printer." Tell us something more of her. "Emma was the youngest child." Would she like to send a message to her mother? "Yes. Tell her Emma is an angel of the highest and brightest vision, watching over her loved ones until she comes to meet them at their passing over." Will her mother get this if sent to the above address? "Yes." Why did Emma Douglas not give it herself? "She is too weak." If she approves of the message, let us hear her rap. Three tiny raps, barely audible.

It will be noticed that the matter relates to a third person who is supposed to be present, but too weak to do her own rapping. We have noticed that "spirits" of persons who have been dead a long time have more power in their raps than those of persons recently deceased. When a "spirit" is requested to bring a recently deceased person, the messenger frequently has to do the communicating for him. Occasionally they have reported that the one sent for could not come at all, on account of being too "earthly."

I immediately sent a copy of this message to Mrs. Douglas, with the above address, asking her to read it, and if any part of it was true, to please inform us. We waited a week and received

no answer. Then, of course, we inquired of our "spirit" intelligence the reason. Did Mrs. Douglas get our letter? "Yes." Why did she not answer it? "Because she does not believe in spirit communications." Will you try to answer a few more questions about Emma Douglas? "Yes." If she was so young she did not know her age, how did she know her mother's number? "Mr. Charles Whitely told her." Who is Charles Whitely? "He lived at —— number on Chase street, Cumminsville, passed over on the 10th day of last August, 1897." How did he come to know the Douglas family? "He was member of the board of education." So we had that much more to investigate.

I wrote a letter to my friend, Capt. G. W. Ford, of 1778, Weber street, Cumminsville, and requested him to investigate and report. Here is his answer.

Cincinnati, June 1st, 1898.

Dear Doctor: Your letter of inquiry was received this morning, and immedinately I started out to investigate the matter. First, I looked in the city directory and found the name, W. F.Douglas, 523 Powers street, printer. I went to that number and found it had been changed to 1762. Would state that all numbers in the city have been changed in the last two years. So far your communication seemed to be correct. I had a hesitancy about calling upon the people who lived there, but Mrs. Ford went to the neighborhood and found that a family of that name really does live there. They are Jewish people. They lost a child last spring by the name of Emma. Was only sick a few hours. Age about 1 year. They have two girls and one boy living. Emma was the youngest. The neighbors told Mrs. Ford that Mrs. Douglas had received a letter from some one about her baby, but she would not answer it because she does not believe in spiritualism. So far as we have been able to ascertain all the points in your communication have been verified. Very truly yours, G. W. Ford.

This letter was hardly satisfactory to me. It was too much like hearsay evidence. I wrote Mrs. Ford to see Mrs. Douglas, and try to get some statement from her about the matter, and if possible, learn the exact date of the death of her child. This she did, and Mrs. Douglas then wrote to me. Here is her letter.

Cincinnati, June 13th, 1898.

Dear Sir: I received your letter, and am sorry to say it was all true. My little daughter's name was Emma. She died April 13th, 1898, aged 10 months and 3 days. Her fathers occupation is a printer. I have never met Mr. Whitely myself, but my children know him and I have frequently heard them speak of him. The reason I did not answer your letter sooner is that I did not believe in spiritualism. There was a strange lady called to see me (Mrs. Ford), and asked if I had received a letter from you and requested me to answer it, which I promised to do. I had a lady neighbor, who was a medinum. She moved away. I do not know where. When I got your letter I thought perhaps this lady had something to do with the letter, or the furnishing of the information about my child. Yours truly, Mrs. W. F. Douglas.

Having found all the items in the Emma Douglas message to be correct, I then took up that part of the message relating to Mr. Charles Whitely, and found that also correct, both as to the place of his residence, the date of his death, and also that he had been a member of the school board in the district where the Douglas family lived, for a period of something like twenty years previous to his death.

I will further state that no member of our circle had been in Cumminsville for at least a year previous to the reception of the message, and no one from that locality had visited in this place for a like space of time. None of our circle knew of the Douglas family, nor of Charles Whitely, previous to the reception of this message.

Now it would seem, at first glance, that the verification of such a message as the above ought to prove beyond a doubt that the matter was communicated by spirits, and why pursue the investigation any further. If one would not believe such evidence, he would not believe, even "though one arose from the dead." But I am a natural born doubter. There is in all such messages the possibility that the matter might have come in some other way.

However, I have entire confidence in the integrity of all our

members. There was no deception practiced. If any one furnished the information, it was done entirely unconsciously. Then from where did it come?

In the first place, how are we going to prove there was no telepathy with the mind of Mrs. Douglas, or some other person, who knew of the circumstance; and, secondly, which is more probable, that the matter came from our own subjective minds? Some one of our members might have read the items in a newspaper, and forgotten them so far as having conscious knowledge of them at the time of the meeting, and then they were brought to the surface by a species of mind reading. I do not say that the above explanation is the true one, and perhaps I do not give due credit to the words of our "spirit intelligences," but I wish they would furnish us evidence in which no such flaw is present. Can they do it?

Another reason I have for doubting is on account of an investigation made in tracing a similar message, assisted by my friend C. G. Lloyd of Cincinnati, an account of which will be reserved for a future article.

To be continued.

---

## HOW TO HYPNOTIZE.

### LESSON IV.

By the Editor.

You have been taught how to put your patient to sleep by verbal suggestion. You have not been taught how to induce passive somnambulism in the sleeper. That is the purpose of this final lesson. Before your patient will pass into somnambulism, he must be soundly asleep. It is better, therefore, not to attempt to induce this condition until he has become accustomed to going to sleep in your presence, say, after the fourth or fifth sitting. It is quite possible that your patient may be asleep when you do not know it, but there is one test by which you may know certainly that he does sleep. Watch the eyelids, and if you see the ball of the eye rolling rhythmically, and evenly from side to side, like the

movement of a pendulum, he is asleep and dreaming. He may be asleep when the eyeball is still, but if you notice this slow, rhythmical movement, sleep is assured.

A condition of passive somnambulism is one in which the patient realizes the suggestions of the operator to such a degree that these suggestions or word pictures take the form of vivid dreams. These suggested dreams differ from the ordinary kind in that they are amenable to suggestion from without at any moment. They can be altered, shattered, reconstructed, at the pleasure of the operator.

We all pass through this condition of somnambulism every night of our lives, but for want of an operator, or directing voice, our dream pictures are evoked by ourselves, and we are in relationship with ourselves alone. A suggestion suddenly given to one in natural sleep is most likely, by its contact and conflict with the auto-suggestion of the sleeper, to cause the latter to wake and put an end to the sleep. Induced sleep is easily turned into somnambulism because the patient is expecting the voice of the operator. There is no clashing of auto-suggestion and hetero-suggestion. The patient passes into the state of somnambulism in the first place because he is quite content to listen to the operator's voice, and take suggestions.

Now, gentlemen, we approach one of the most wonderful possibilities in our study of psychic phenomena. It is not necessary to more than hint to you how easily the parent might soothe the fevered sleep of the child, how the wife might benefit the husband, or the husband the wife. Once understand that it is only necessary for the sleeper to become accustomed to the presence of another party to change natural sleep into induced sleep, and you understand how easily parent, wife or husband could enter into relationship with the sleeper and talk to, without waking, the latter. Thus natural sleep may be turned into induced sleep . It is simply a question of reaching the sleeper just so far as to get his attention, but not so far as to wake him. If you have not the sleeper's attention, then your sleeper is in natural sleep. If you have his attention then he is in a state identical with induced sleep. Therefore, the differentiating point between the natural sleep and the induced

sleep is—the attention of the sleeper. This and nothing more.

I usually begin to induce somnambulism as follows: When the patient is, as I think, asleep, I make slow passes over the body, barely touching the clothing, repeating in a low voice the formula, "Quiet and comfortable; going further and further away to sleep; nothing disturbs you; you are quiet and still."

Continue the passes for five minutes, repeating always, very quietly, "Further and further away to sleep." Then say, still very quietly, your voice must carry no shock with it, because a shock at this stage would bring back consciousness of environment, which is wakefulness:

"Further and further away. Your mind goes back now more and more vividly to a scene, a landscape, which gave you once great pleasure. It is some place you visited, or lived in, but the picture of the hills, the trees, the water, is all there, clear and distinct before you. You are going back in spirit to that place, leaving here, going back; you are not here, you will not come back here till I wake you. You will live in that scene. You will go through the same experiences, happy experiences, you went through there before, point for point, word for word. You will meet the same people, hear the same words, feel as happy as you did then. This will not be a dream to you; it will be reality. You will move in this scene, among those people. Everything will be vivid and real to you. Go further and further away now, back to that scene."

Now sit still for fifteen minutes, and in nine cases out of ten your patient will dream the very thing suggested, but it will be more vivid than the average dream. A vision rather. Yet, on waking, there will be the distinct consciousness of having slept, and it will not seem like a dream-vision, but rather a living, joyous experience. There may or there may not be upon waking a memory that the vision was evolved at the bidding of the operator. I have tried this experiment a number of times, and found that in women of an artistic, intense nature, given to introspection, the memory is usually absent for some time after waking. A chance word or look, or the foreknowledge that the dream was to follow the operator's suggestion, would be sufficient in some

cases to restore to the memory of the patient the actual suggestions given by the operator. But in cases of deep somnambulism, where the patient is so wrapped in her vision that she can be drawn into conversation during its continuance, without disturbing the thread, there is seldom any memory on waking, or for long afterwards, of the specific suggestions of the operator. There is the memory of the vision in every detail, but not of the suggestion which called forth the vision. Perfect amnesia.

Before terminating the vision by the suggestion to wake, I usually give such suggestions as the case calls for, and add that when the patient wakes he will clearly remember everything that was in his vision. Then I leave him alone for five minutes, telling him that at the expiration of that time he will wake of his own accord. And this, of course, happens.

How the popular belief that a subject cannot sometimes wake at will from the sleep ever originated is a mystery to me, but you need never suffer alarm on that score. Your patient will wake from an induced sleep just as he wakes from a natural sleep, refreshed in body and mind. I have given you in these four lessons in careful detail, the conditions which go to make success in this work, and the only method which a competent operator will ever make use of in the treatment of disease. There are many methods, but verbal suggestion is the best and most reasonable. In our future lessons I hope to prove to you beyond the possibility of a doubt that there is specifically no such thing as hypnotic control; no such thing as inhibition of sight, of hearing, of taste, of smell, of touch; but that inhibition of sensation by suggestion, evidenced in anaesthesia and analgesia is positively and demonstrably true. Also that while there is a close relation between suggestion and crime, there is no causal relation whatever between hypnotic suggestion and crime. And this, I think, will keep us busy for the year 1899.

# THE RELATION OF HYPNOTISM TO CRIME.

By M. Jules Liegeois, of Nancy.

(Translated from the Revue del' Hypnotisme, Paris.)

—(Continued from November number.)—

Delboeuf went on to say: "The second experiment of M. Liegeois wears quite as suspicious an aspect to me, and for precisely similar reasons." What then was this experiment? Here it is, exactly according to my brief description of it in 1884:

Having previously thrown Th. into a somnambulistic state, I said to him: "Pay careful attention to the instructions which I am about to give you. You are presently going to return to the house of your aunt, Mme. M., who is now present. You will take a glass of water, you will pour into it the arsenic, which you will carefully dissolve; you will then offer this cup of poison to your aunt." "Yes, sir." On the same evening I received from Mme. M. a note couched in the following terms: "Mme. M. has the honor to inform M. Liegeois that the experiment was perfectly successful. Her nephew tendered the cup of poison to her." And on his aunt endeavoring to induce him to drink the glass of water which he had prepared himself, he met her with a vigorous refusal. When the deed was once accomplished, the criminal remembered nothing whatever, and it was with much difficulty that he could be persuaded that he had really tried to poison his aunt, to whom he is much attached. The automatism was complete.

The young man on whom this experiment was made, a tall, strong fellow of five and twenty, was one of the best somnambulistic subjects I have ever met. In his case, the rupture of memory on being waked was so entire, that one day I caused him to eat during the induced sleep a raw potato, which suggestion had transformed for him into a luscious pear;on being waked by me,though still holding in his hand the much bitten potato, he stubbornly refused to believe that he had touched it with a tooth, in spite of the reiterated assertions of myself and of the witnesses of this little scene.

Delboeuf avows that he had at first admitted as valid both the experiment and the conclusion which I had drawn therefrom. But in 1894 he cannot help seeing in it a vitiating point. According to him, we are wrong to conclude, because of the absence of recollection, that the somnambulist is an automaton, and that he swallows everything that is said to him. "But why is it not to be admitted that he can make reflections on the nature of the thing that is demanded of him? Why should Th—— not say to himself, while in the induced sleep, that it is a question of making an experiment; that the paper does not contain arsenic; that M. Liégeois cannot have the idea of actually making him poison his aunt, etc., etc. Once again I repeat, a person hypnotised is not an idiot, quite the contrary."

Here, I confess that I fail to understand how Delboeuf makes so little account of the essential and well-known conditions of the state of profound somnambulism. Th—— had reached such a pitch of receptivity in matters of suggestion that even in his waking state I made him see, hear, say, and do everything that I wished. One day when he had come to my house to bring me a grotesque sketch which I had suggested to him to trace at his uncle's house, it was enough for me to say to him, without putting him to sleep, "Just look at my garden! How full of flowers it is! It is filled with roses! Look at that piece of water, and those beautiful swans swimming about so gracefully!" And he saw swans and roses which had no existence; when he had returned to his own home he perceived during the rest of the day the exquisite scent of the flowers which I had caused him to see.

Further, on another occasion, a young woman, equally susceptible to suggestion and intensely interested in my experiments, makes out of a little cotton and a few rags the rude figure of a newly-born child. I place this doll in the arms of Th——, and suggest to him that he is no longer a man, but a nurse. At once he takes up his part in a fashion so serious that, at a fixed moment, he takes his pocket-handkerchief out of his pocket to wipe his nursling. Then he shyly opens an imaginary corsage, in order to give an equally imaginary breast, and says to me, modestly: "I am turning round, because there are people present."

Yet it is the subjects who are to this extent amenable to suggestion, to every imaginable suggestion, who, according to Delboeuf, do yet preserve the faculties of reasoning, of "reflection," of control of moral liberty, of resistance, and what not. The somnambulistic subject is not "an idiot," you say? Emphatically not. But he reasons and acts only in the circle of ideas in which suggestion has enclosed and, so to say, imprisoned his moral and physical activity. He follows and can follow only the idea which has been suggested to him. In order to realize it, he will display, as you yourself have said, ingenuity, skill, dissimulation, cunning. Yes, beyond doubt. But he will display all this only in order to attain the end which a dominating will has assigned to him. Everything else, men and things, ideas and facts, emotions and sentiments, have become to him things entirely foreign. He has but one solitary idea, one only which he will put into action—exactly as the natural somnambulist, the monomaniac, the madman.

You add, why should Th—— not say to himself, "while in the induced sleep," that it is only a question of an experiment, a game? Why? I take the answer from your own lips; it is exactly because he is in the induced sleep, "tout endormi," to use your own expression, and because a somnambulist in the induced sleep—at all events in such a sleep as we induce—does not give himself over to all sorts of "reflections," does not enter into complicated arguments, does not draw the subtle deductions to which you yourself, M. Delbeouf, have accustomed your subjects, notably J— and her sister. The reply is, I think, decisive.

A little later on, speaking of another experiment which I will not describe, as it lends no additional weight to his argument, my worthy opponent observes, with reference to another person who had committed a fictitious crime, "It would have been an interesting thing to have waked her in the middle of the action," (I have already just dealt with this point,in the matter of the raw potato,) so as to see if she could recall the thoughts which were passing through her mind at the moment when she was offering the cup to M. D., I question whether she would not have replied, like Miss E. P. ——, that she had no doubt that the poisoning was a pretense and the scene imaginary."

Well, I regret to have to say it—so much the more because, alas, he is no longer here to answer me—but by the two lines I have just quoted, Delboeuf proves that he has absolutely failed to understand my experiment with Miss E. P.——. As a matter of fact, this young girl did not say that "she had no doubt that the poisoning was a pretense and the scene imaginary. Being waked, and having, according to custom lost all recollection of what she did during the period of induced sleep, she might well believe, when her mother told her that she had nearly been killed by her, that this was purely a jest. She replied, with excellent common sense, "But I have not killed you, since you are speaking to me."

Delboeuf, who is not much of a believer in experiments in general, and in those of other people in particular, nevertheless allowed himself to go so far as to make a few, from which he came to the conclusion that the subjects to whom criminal suggestions are made either have conscience enough to refuse to carry them out, or else are aware that there is nothing serious in them, that they will hurt nobody, that the pistols are not loaded, that the daggers are of pasteboard, and that there is nothing unbecoming in taking a part in the comedy, in lending themselves to the harmless mania of the experimenters.

The first experiment has reference to a boy to whom it was suggested that he should steal a watch, and who looked at the tempter with horror, and then fled precipitately. On another occasion Delboeuf, having hypnotised a girl, tried to make her believe that she was married and that he was her husband, a suggestion which the subject would never accept. In the paper "La Meuse," of the 28th of May, 1888, a sub-editor in his account of the conference during the course of which the argument was brought forward remarks, speaking of the subject, "M. Delboeuf was perhaps not her ideal."

(To be continued.)

# SUGGESTIVE THERAPEUTICS.

PUBLISHED MONTHLY BY

THE PSYCHIC PUBLISHING COMPANY,

TIMES-HERALD BUILDING,
CHICAGO.

## THE ANNUAL SPEECH.

"My gallant friends and beloved readers of the Journal of Suggestive Therapeutics: ("Hear, Hear.")

"We meet once more at the impending death of the year to felicitate ourselves and each other upon the progress, albeit scarcely perceptible, that we have made in psychic research. ("Rah!")

"It is inded a matter for warm congratulation, gentlemen, that in the face of severe tempests, and the buffetings of adverse winds (A voice: "Very windy sometimes!") we have stood by the tenets of the masterly Liebeault of Nancy, and have not permitted the science of Suggestive Therapeutics to retrogress. It might be thought that in the course of twelve months we should have discovered something new, but I am not of those who measure progress by the height of a theory, looking rather to fundamental value, to the foundation of practicability. The test of worth, gentlemen, is practical value. The use which can be made of an idea determines its life. A theory which is without utility is without worth. Hence we separate mental communication or thought transference, from the consideration of Suggestive Thera-

peutics, because the possibility of thought transference is not a factor in producing the effects we do produce by simple suggestion. The principle of suggestion is a demonstrated truth. It is a fact. It shall endure so long as a lemon causes the mouth of man to water, so long as a revolting anecdote causes nausea; so long as fear causes peristaltic action. Mind upon body, body upon mind. Indissoluble. Inter-dependent one upon the other. Influenced one by the other. This is Suggestive Therapeutics.

"Month by month, beloved, this journal goes forth from one side of this vast continent to the other. Its still, small voice is heard from Boston harbor to those distant cliffs whose feet are laved by the waters of the blue Pacific. (Voice: "Hot stuff!")

"You have before you for your immediate consideration a specific treatment for diphtheria. You will note an important point in connection with its presentment, namely, that the discoverer, Mr. Kaiss, of Baltimore, asks no recompense for his service to the cause of humanity. Note also that he has never lost a case of diphtheria treated according to his formula. Note further, that the method is so simple that, if what is claimed for it is true, it can be instantly applied by the family physician, and must forever settle the disputed question of the value of Anti-toxin. Gentlemen, if Mr. Kaiss' discovery is proven to be what he says it is, diphtheria, one of the most dreadful scourges of the human race, will be no more a fatal disease. The days of Anti-toxin and the serum treatment will be numbered.

"To turn to a matter of even more personal moment, there will be hereafter no school reports published in this journal. I have no quarrel with the schools, they are doing good work; but the reading pages of this journal must be free from every taint of advertising, and it is difficult for any human being to write instructively with one eye upon his subject and the other upon a possible patient or student. Having washed my hands of both patients and students, I feel that I can more honestly advise those to whom my counsel may be of service, the readers of this journal.

"I have frequently been asked by laymen: "Can I get a diploma entitling me to practice suggestive therapeutics by taking a

course at one of the incorporated schools advertised in your journal?" To this I answer: "You certainly can get a diploma, but whether you will be allowed to practice suggestive therapeutics depends either upon the state law, or the courteous nonenforcement of the state law in your district. As a pleasing object to hang in your office, the diploma, with its blue ribbon, is to be coveted, but as a guarantee that your work will not be nipped in the bud, the diploma is worthless."

And now my friends, let us allow ourselves the luxury of plain speaking. Why is it any longer necessary that patients shall come to Chicago for treatment by suggestion when we have on our books physicans who are old readers of this journal in every large, and many small, cities in the United States and Canada? I shall be very pleased to refer prospective patients to these physicians, merely asking that the inquirer have sufficient forethought to enclose a stamp for reply. (Voice: One cent or two cents?) A postal card enclosed will be quite sufficient. Furthermore, my friends, what do you gain by taking a course in this work? What do you learn which you could not teach yourselves? The key to success in this work, as in all other, is practice. Get to work. You know what to do. Do it. There is no royal road; there is no easy way. Watching another man work will not teach you anything. The verbal suggestion method given in Hypnotism up-to-date, in this journal, in every book on hypnotism, is to be traced to Liebeault of Nancy. To him the honor. Many of you are conscious of the fascination exercised by Dr. Thomson Jay Hudson in his Law of Psychic Phenomena; it is indeed a charming book—but it fosters a grievous error. It gives you the impression that if you could but pass wholly into the subjective state your physical woes would be at an end. It seems to point to a short cut to health; a royal and easy road. Hypnotism up-to-date leaves the same impression; A Study in Hypnotism. almost out of print, fostered the same error. They set the subjective above the objective. They offered a way of escape. Wrong. There is no escape. Health is right living, and it is the logical result of right living and right thought; not a manifestation of subjective force. Sickness is not the result of a sin, but of ignorance of the natural law of cause and effect. But if what

ever depresses the mind produces sickness, then if sin depresses the mind, sin causes sickness. That much is granted.

There be among you, my gallant friends, many persons who, recognizing the follies of all creeds, recognize also the beauties of religious thought, and are both cheered and made strong by a firm belief in the favor of God. To such will come more speedy relief from physical suffering in a combination of religious belief and the use of suggestion in the treatment of disease.

But let us ever remember that medicine is at times as necessary for the relief of abnormal bodily conditions, as a meal is necessary to satisfy hunger. Not only is it mind upon body in this life. It is also body upon mind. Mental depression produces constipation, constipation sets up auto-intoxication, intestinal sepsis, and results in melancholy. Thus is the circle formed, thus the wheel revolves.

We take our troubles too seriously, gentlemen. Suggestive Therapeutics teaches us not to worry. We groan and gurgle and wail and gnash our teeth over little things; we are slaves to environment. We say: "I fear," when we should say, "I will." We wear ourselves out in a race against death, knowing beforehand that we must lose. "The dice of God," says Emerson, "are always loaded." Let us have more tranquility, and less nervous haste; more unquenchable cheerfulness and less profitless fury; more philosophy and less earnest pursuit of trifles.

"I cannot more fitly bring these remarks to a close than by pointing to a peculiar development in the phenomena of spiritualism presented by our good brother and fellow worker, Dr. H. L. True. (Applause.)

You will remember that in one of the doctor's recent articles he requests a spirit intelligence to "go and see," to "go and find out." The intelligence thereupon "went," that is to say, withdrew personally to find the thing wanted. If this intelligence is a disembodied spirit, my friends, this simple occurrence demonstrates that the spirit-mind has not the power of telepathic communication, otherwise it would have been unnecessary for the intelligence to personally "go and see." I trust you get the point. To go a little further; you have been told in some excellent books dealing with

the subject that the subjective mind of man is the immortal part of man, and that telepathy is the normal means of communication between subjective minds.

Subjective minds and immortal minds, if they mean one and the same thing, must have equally one and the same powers. Yet we find that not only is the immortal mind here at fault, but the author of this theory holds that it is not possible for communication to be established between subjective mind and immortal spirit. Result, contradiction and chaos. shaking the theory to its foundations. I trust you fully realize how little you know and how well the grave guards its secret.

"I should like to add a few words (yawns among the audience) upon the lessons which will be given you each month of the year 1899. With this number ends the first series of lessons on "How to Hypnotize," and we shall begin with the January number the first of a series of XII articles, carrying you further afield, and disposing of many so-called "lightning" methods of inducing hypnosis. I need scarcely inform you that the methods referred to, though occasionally successful, are in the main totally unreliable and unsound. The little instrument, "The Easy Hypnotizer," which has been heretofore given as a premium with this journal, has given such thorough dissatisfaction that it will be from this time withdrawn. (Cheers.) And the little book "How to Hypnotize," attractively bound in paper covers, will be substituted. (Applause.)

"I may remark further (shufflings of feet) that it may be to our advantage as fearless investigators, to look into the subject of Astrology, and, although at present Astrology seems to me but a huge joke, yet if any reader of this journal desires to have his horoscope cast, this will be done free of all expense. The hour of birth, age, name and sex should be legibly written and forwarded to me. I take no responsibility for statements made according to the interpretation given to the Signs of the Zodiac. The student may rest assured that his horoscope will be correctly cast according to our present light. More than this I do not promise.

It may be as well to add here (mutterings) that it is my unalterable opinion that this work, suggestive therapeutics, should be in the hands of experienced physicians; that it should be combined

with the practice of medicine, and that a layman, while he may study and follow it, has no more right to make it his business than a physician has to build the coffins for which he prepares his patients. ("Oh, oh!")

"I repeat it, gentlemen. It is the business of the physician to cure and to kill; it is our business as laymen to be cured or to be killed, as the case may be. (Uproar). Will you sit down, gentlemen? Am I to be heard, or not? I say again; it is insufferable that layman should bleed layman either in purse or person. The meeting is dismissed."

---

## BOOK REVIEWS.

The Greatest Thing Ever Known, by Ralph Waldo Trine, (Thomas Y. Crowell & Co., Boston, cloth 35c) is a charming little book concerning the realization of the Divine in everyday life.

Science of the Millennium, by Stephen and Mary Maybell, (San Francisco, Cal., price not quoted) contains many striking truths in the form of texts. Renunciation of Self is the theme. God gives, man sells, is the spirit of the book. Yet I doubt this. All things are ours if we can or will pay the price. We are ever bargaining with Nature. Do you want wheat? Till the land. Work, my brother, and get your wish. There is no gift in the hand of God. Do you ask for wisdom? Give years and toil, and take it. Do you covet virtue? Yield the softness of life, watch ceaselessly, and virtue is yours. " 'What will you have,' quoth God, 'pay for it and take it'," said Emerson, prince among men.

The Cure of Disease Simplified. By Mary R. Melendy, M. D. (Psychic Publishing Company, 211-212 Times-Herald Building, Chicago, Price $2.00) is a book to be grateful for. We have bought up the balance of the first edition of this work, some 600 copies, and now cut the price to $1.50, because this book should be in the hands of every physician, every father, and every woman, within reach of these words. It is a book for the home, and a book for the study. Give it an honored place in your library. Dr. Melendy writes with feeling, and with insight, but she writes also with practical knowledge—the knowledge of the trained physician.

The chapter on Deep Breathing is astonishing in its important possibilities. It is the autobiographical narrative of Mr. Washburn, who spent some time at Dr. Melendy's home while her book was in course of preparation. His experiments with himself; his power to live, and not lose flesh, subsisting for days upon forced, powerful, breathing only; his diet of potatoes exclusively for six months, then of meat alone, for several weeks; of apples alone for three months, and of oatmeal raw, which he finally decided upon as a perfect food, all these points are so ingenuously dwelt upon in his narrative that this chapter alone deserves immortality. I have frequently more than hinted to you in these pages that deep breathing was a preventive of disease, and now comes Sir William Crookes almost in confirmation of Mr. Washburn's story, to the effect that in the ether alone is sustenance sufficient for the physical body. It will be well for you to think of these things when paying the butcher's bills.

---

## KEEP YOUR MONEY.

Editor Suggestive Therapeutics:

About a year ago Dr. Parkyn aroused our expectation by telling us that he had positively discovered that each individual is attuned to a certain vibration, and in last months journal Dr. Keyes mentions the subject as a fact, apparently.

Now what I am anxious to know is, how are we to scientifically determine whether we are vibrating "away up in G," or down in D minor? Will it be necessary for us to go to a school of psychology and pay a matriculation fee to gain this information?

F. E. Buntaine, Chicago, Ill.



## CYSTITIS.

Irvington, N. J., October 28, 1898.

Editor Suggestive Therapeutics:

Dear Sir—Having been a constant reader of your valuable journal for the past two years, and obtaining many good points from its pages, but failing to find a case of chronic Cystitis or Prostatitis treated by suggestion either in the Journal or any of the standard works on Psycho-Therapeutics, would be exceedingly thankful if the editor or some of the readers of Suggestive Therapeutics would report a case treated successfully or otherwise by suggestion, either alone or in conjunction with medicine. I am particularly anxious to learn of a case, if possible, as I am at present testing the efficiency of suggestion in a very severe case of Cystitis complicated with prostatitis of five years standing and which has been given up as a bad job by at least eight different physicians.

Patient H. B. Aet. 54. Theatrical manager, of good temperament, came to me last month complaining of severe lancinating pains in rectum-perinaeum and along the urinary passage, has not slept three hours out of the twenty-four for eight or ten weeks previous to his coming to see me, on account of pain and constant desire to urinate. Patient contracted gonorrhoea about twenty years ago, and during the winter of 1892 while in Chicago he was taken with the usual cystitic symptoms and was treated by one of the physicians in Chicago at that time. He, however, drifted from one to another, gaining very little relief, to Newark, N. J., and was persuaded by one of New Jersey's best surgeons to undergo an operation for stricture, etc., with the understanding that external urethrotomy would be the means of establishing a permanent cure. He submitted to the operation under protest in July 1897 and since then has been as above stated. The urine causes pain in its passage the pain is like that occurring with the passage of a stone, both in the perinaeum and running down the urethra, and often with greatest intensity, the prostate is extremely enlarged, hot and painful to the touch, patient complains of frequent desire to go to stool, which of course is due to the inflamed condition of the prostate. He has taken almost every combination

of drugs with no material benefit, and the last I prescribed was Tilden's Nephritica in drachm doses t. i. d., but that had to be stopped ten days ago on account of extra pain induced by its use. Opiates are of not the slightest use in this case, as they have no effect whatever. I hypnotized patient for the first time on the 10th of September, inducing only light somnolence and suggestive catalepsy. After repeated trials, patient was relieved of pain after the third seance and slept fairly well all night getting up only to empty the bladder three or four times during the night, but the pains came back again the next day with the same severity and continued unabated until the next treatment. I then suggested cessation of all pain for twenty-four hours with good results, but they finally returned at the expiration of the limited time. I have tried several times to extend the time limit, but have so far failed each time. Now, there surely ought to be some way of curing this trouble and I sincerely believe that suggestion, if persevered in will be the means of instituting a cure.

Long live Suggestive Therapeutics, it is one of the best journals published. Respectfully,

C. Edwin Goodell, M. D., M. E.

---

## SPIRITUALISM.

San Francisco, Cal.

Editor Suggestive Therapeutics:

Seeing that you admit papers on the above subject please allow me to have a little say on it. Shall be concise.

Have investigated this topic for over 40 years and during that time come across much fraud and of course enough evidence—to me—that there was a reality to the skeleton of Spiritualism, viz: That there is a life after death and that the departed can under favorable circumstances communicate with us. But here is the stumblingstone for the very credulous—there is no evidence attainable that the influence representing itself as being the spirit of such and such a person is really who and what it claims to be. Only when our psychic nature is so far developed that

we can in the normal state see the spirits can we hope to have positive evidence that the spirit claiming to be John Smith is really John Smith.

When uneducated people, often highly immoral too, claim to be actuated by ancient illustrious personages, as say Jesus Christ, Moses, Zoroaster, and others, it seems self evidently a fraudulent impersonification, more especially when diction, spelling, and intellectual weight of the dictum is out of all keeping with such persons former educational standing. Also when parties of good education claim to be made the mouthpiece of intelligences like St.Paul, Jesus, St. John, Socrates and so on I am very much afraid that they either are deceiving others or themselves. Dicta pertaining to the future must be proven by time and not accepted as infallible because they claim to come from that source.

Anything not being in harmony with precedent—in our personal experience had better be laid on the shelf to await further developments. We are all too prone to strain our credulity on things coming from that side, as resulting from early teachings about "Angels," Guardian Spirits etc., etc.

Don't accept anything that does not appeal to reason and prove itself. Jno. C. Schlarbaum, M. D., Nevada blk.

---

## COMMON SENSE.

Editor Suggestive Therapeutics:

The M. D., who from ignorance or prejudice fails to employ hypnotism is guilty of negligence.

The first duty of the scientific hypnotist is to call the doctor, a failure to do so might result in malpractice.

Our friends, the Christian Scientists are credited by the newspapers with being instrumental in the recent death of Harold Frederic, and The Boston Journal of October 29, reports another similarcase. It is idiotic for a layman to attempt a diagnosis, but there is no harm in a layman skillfully applying hypnotism, and suggestion, if the diagnosis is such as warrants hypnotic suggestive treatment.

The fact that everyone is a hypnotist is going to flood the country with fakers who seek gold.

Let the doctors learn Suggestion and how to use it and the fakers will be short lived.

Let all be taught that nothing emanates from the operator but that all cure is the mental operation of the subject. Do away with telepathy, and spiritualism, and study James or any other standard Psychology.

Let us have more Psychology and less humbug.

Walter C. Bryant, M. D.

Brockton, Mass., Nov. 11.

---

## MR. KAISS'S CURE FOR DIPHTHERIA.

Editor Suggestive Therapeutics:

Directions: Spray the throat throughout with Hydrozone, full strength, being careful to let the patient cough out the foam before it inteferes with respiration. Then let the patient rinse out the mouth and throat with water. Repeat the spraying and rinsing at least three times. Then pour about a teaspoonful of Hydrozone into a tumbler, fill it with water, give the patient one-half of it to drink, and in ten minutes give the other half. This will cause nausea and vomiting. If so, it is all the better as it will relieve the system earlier and expedite the cure. Then order:

R. Hydrarg. chlor. mit. . . . . grs. ij
Sodii bicarb . . . . . grs. x
Pulv. Ipecac . . . . . grs. j
Pulv. Aromat . . . . . grs. vii

M ft. chart No. X Sig. Dissolve one on tongue every hour.

Then pour about a teaspoonful of Hydrozone into a tumbler of water, as before, and order a teaspoonful, or swallow, to be given a half hour after each powder. Should the powders fail to move the bowels, order a mild laxative.

The above completes the treatment and the cure. The patient will improve right from the start. No other medicines are necessary and the result is definite. Respectfully, W. C. Kaiss,

1226 Riverside ave., Baltimore, Md.

### NYTHING IN IT.

Burlington, Vt., Oct. 24th, 1898.

Editor Suggestive Therapeutics:

Dear Sir: I would like to ask a question; if not too much trouble, will you answer either in magazine or letter?

I have a pamphlet from a Mr. Barnes, of Boston, who claims to teach hypnotism in six lessons for $100. Well, the point I wish to get at is this. He claims that his pupils can influence the people with whom they come in contact through hypnotism without their knowing it. Is there anything in that? Yours truly,

G. M. Lowry.

There certainly is. There is much in it. Even to the amount of $100 for Mr. Barnes. Apart from the cash payment, the rest is vacuum.

---

### A PHYSICIAN'S VIEW.

Saunemin, Ill., Oct. 30th, 1898.

Editor Suggestive Therapeutics:

Dear Sir: Ihave just read your editorial on the prize essays in Suggestive Therapeutics for November and I enjoy its thought and sentiments, as also the change of heart on your part through some powerful suggestions, that all healing and medical treatment should be confined to the medical profession. And although some may scoff at Therapeutic Suggestion, and we all see dimly, the great truths and powers at present, some day a brighter light may pierce the darkness and superstition and ignorance, and we may wonder even more than now, why we had not found these powers and truths before. The public look to the medical profession for light on these subjects and to make suggestive therapeutics a success it must be advanced through this class of workers. The only reason it has lain buried so long is because the doctors have frowned upon and scoffed at it and been seconded by the public. The laity should be taught the results, the profession how to procure them. Suggestion is wonderful. Not only in curing disease, but in and through our lives. Long may it live and grow. Yours etc.

C. F. Ross, M. D.

## SPIRITUALISM.

McConnellsville, O., Nov. 1st, 1898.

Sydney Flower, LL. D., Chicago:

Dear Sir: I send you herewith my fourth communication. You will see that I have weakened the argument near the close of this communication and perhaps you may wonder at it, but I have this explanation to make: I started out to tell facts and I will stick to fact even if it upsets the whole structure. I have no axes to grind, nor theories to build. I only want to know the truth and I believe your readers desire the same.

At the time I began my articles I did not have the additional light that was thrown on a similar message by my friend, C. G. Lloyd, of Cincinnati. I have his permission to give it in full and it will appear in my next. I only hint at it in this. However, I will say, that his investigation does not upset the matter, but only shows that the information might have come from a newspaper notice and I hint as much in the present article, but we have never been able to find the notice.

As the matter now stands, it is still in doubt, and unless our "spirit intelligences" see fit to give us something which entirely eliminates the possibility of the matter having come from the subjective mind, it will still remain in doubt. Can't you suggest a practical test, not too cumbersome that will settle the matter?

Lloyd was with us at one of our meetings, witnessed the phenomena—was convinced we were dealing with a genuine psychic force, and he urged me to continue the investigation. His preconceived opinions, however, are materialistic and he tried to account for the phenomena on materialistic grounds.

I have received quite a number of letters of inquiry, showing that my articles have been read with interest. Very truly yours,

H. L. True, M. D.

You're doing well, doctor. Keep it up. Go ahead with your messages. Too soon to begin to sift evidence yet. I wish you would ask for replies to the following questions:

1. Does it please you to come back to earth?
2. Could you get away if you wanted to?

3. Are you anxious about the future?

4. Is it easier for you to rap than to write through say, Dr. True's hand?

5. Can you communicate telepathically with other spirits?

6. Can you communicate telepathically with mortals?

7. Do you know more than we know about your ultimate destiny?

8. Do you employ your time in learning anything of value?

9. What do you do with yourselves all day?

10. What do you do with yourselves all night?

---

## FAILURE AND SUCCESS.

Omaha, Neb.

Editor the Journal of Medical Hypnotism:

I wish to report two cases, in the first of which suggestion was used and failed; medicine (one of the "seeming absurdities," referred to on page 207, May issue) cured.

A young woman said she had "caught cold;" complained of a sore throat; soreness began on the left, and extended to the right, side of the throat; pain when swallowing; dryness of the throat; some swelling of the tonsils and increased redness of the pharynx.

Sleep induced by having her gaze steadily at a bright object, suggestions as to sleep being given at the same time. Sleep followed quickly. Suggestions were then given that the swelling and pain were going away—that they had gone—and would not return; and, while making suggestions, the throat was rubbed with hands. When awakened, she complained of pain in the left side of the throat; said that the right side was better than it was before being put to sleep. Sleep induced again and necessary suggestions given; throat rubbed as before. Upon awakening, she complained that the pain was still there (left side of throat.) Then gave suggestions in the waking state to the effect that the pain and swelling had been materially reduced and would disappear in a short time; that by the next morning none would remain.

The next morning she complained that her throat was worse. In the evening, basing the prescription upon the fact that the sore-

ness began upon the left side of the throat and extended to the right, she was given one dose of lachesis, 10052 1st potency (Deschere), dry, upon the tongue, and the following morning the pain was gone, and she has not had a sore throat since. That was some four months ago.

This young woman prefers suggestion to medicines of any kind, and if the medicine did not cure this case, will some one rise and tell me what did?

### Suggestion in Traumatic Cases.

A young lady, aged about 25 years, brunette, occupation stenographer, weight about 145 pounds, fell from her bicycle and bruised both knees quite severely. Within twenty-four hours after the injury something seemed to "pop" out around and over the left patella, causing great pain. The skin covering the swollen area was tense and white, and fluctuation indicated the presence of fluid.

Sleep was induced in about three minutes by the method used in the case cited above; then suggestions for the relief of the pain were given. She awoke of her own accord before I was ready to awaken her. (She afterwards told me that when I told her she could not open her eyes, they seemed to be "stuck shut;" but she was determined to open them, and succeeded. She had never been hypnotized before.)

I then told her she could move the limb freely without pain. She did so several times and remarked, "Well, I declare, the pain is gone." A young lady, standing at the foot of the bed gasped out in astonishment, "Well, that beats the devil." I said, "I don't know as to that, but it certainly beats the pain."

Then I thought I would see what could be done towards reducing the swelling. She was again put to sleep and suggestions given to the effect that the pain had disappeared completely and could not, and would not, return; and that, in the morning, when she awoke, there would not be any swelling in the knee. Repeated the suggestions several times and gave some others as to sleep during the night. She slept very well that night and, in the morning, hardly a trace of the swelling remained. During the day she

walked about the house practically free from pain, but was advised to give the knee as much rest as possible for a few days.

I am satisfied that none of the usual methods of treating cases of this nature would have produced such good results in so short a time.

R. A. Smith.

---

## CHRISTIAN SCIENCE.

### A Dialogue.

"Who hath sorrow? Who hath pain?
"Lacketh self reliance?
"Who hath cried for help in vain?
"Lean on Christian science!"

So the lady pursed her lips
While I smiled defiance;
"Judgment halts, and reason trips
"In your Christian science."

"Whoso loves his fellow man
"Joins our glad alliance;
"Brothers help as brothers can
"In our Christian science."

"Sisters rather, maid and wife,
"Women seem to aid you;
"But where pestilence is rife,
"Do they not upbraid you?

"He that scorns his fellow man,
"He that wounds his neighbor;
"He that lifts his voice to ban
"Shareth not our labor."

"Granted. But in courtesy
"Answer me my query,
"Does your Christian science free
"Children from 'Diphthery?' "

"Whoso mocks is dead to grace,
"Lost to good behavior.
"Hearts of scorn, ye have no place
"Near the gentle Savior."

"Prithee, lady, answer me—
"Is it truth or fiction?
"Is disease a phantasy
"In your jurisdiction?"

"Matter is not. Mind is all.
"Spirit is consistence.
"Matter is but mortal thrall,
"Having no existence."

" 'Having no existence,' dame?
"Sure your words are silly,
"What about Bacteria's fame—
"What about Bacilli?"

"Errors these of mortal mind,
"I have said already;
"Search the Book, and you shall find
"Truth in Mrs. Eddy."

Faith, I talked till I was blue,
Question followed question.
Looked this science through and through,
And found it but suggestion.

## THE DIPHTHERIA CURE.

Below are given the first half dozen replies received from subscribers in answer to a note from this office asking an opinion upon Mr. Kaiss's treatment. In our January number the balance of the replies received, which will mount up to the hundreds, will be summarized and published:

Milwaukee, Wis., Nov. 4, 1898.

Editor Suggestive Therapeutics:

Dear Sir: I am in receipt of your favor of the 3rd inst. in which you ask my opininon concerning the specific treatment of Mr. Kaiss as stated in the November number of "Suggestive Therapeutics."

In reply I have to state that physicians grow very sceptical in regard to specific remedies, especially if they have been in practice long. In my experience of over twenty-five years, I have seen and treated a great many cases of diphtheria, and have heard of a great many specifics, and have never yet found one that proved to be a specific for any length of time. There is nothing in Mr. Kaiss' remedies differing from what have been used time and again by physicians, in fact many a physician has claimed that by the use of calomel he had a specific for the treatment of diphtheria. I heard an aged physician, less than three years ago, argue that matter in the most enthusiastic manner before the Medical Society in this state, stating that he had treated hundreds of cases of diphtheria and never lost a case by the use of calomel together with some cleansing agent similar to what Mr. Kaiss speaks of. This happened to be his experience but in all of these instances, sooner or later, these enthusiasts run against a stumbling block and meet with a form of disease in which their specific amounts to nothing and their patients die like others. The nearest specific, I think, for the treatment of diphtheria is undoubtedly the antitoxin treatment. This I state unhesitatingly after a great deal of experience with this disease, and this (I mean antitoxin) I do not think by any means a specific. I have seen cases, and so have many other physicians who have dealt with diphtheria, in which no medicines whatever would have any effect. The poison was so great at the onset

that the power of assimilation was practically paralyzed, and although you might give a quart of brandy or some of the most powerful drugs, they would have no effect whatever, not being assimilated. In such cases no remedy will do any good, but I am writing too long a letter, but trust you will find what I have written an answer to your query. Very truly yours,

U. O. B Wingate, M. D.

Health Officer.

---

Jackson, Mich., Nov. 4th, 1898.

Editor Suggestive Therapeutics:

In answer to yours of the 3rd inst., perhaps the best comment I can make on the treatment is that I have been using practically the same course for two or three years in connection with antitoxin, in bad cases. It is not a specific, however.

I believe the disease to be at first local, due to the planting of the Klebs Loeffler bacilli in congenial soil. It very soon becomes constitutional from absorption of toxins. Now neither antitoxin nor local applications will neutralize the poisons, once absorbed. The Hydrozone is preferable to other and even stronger antiseptics for this reason. Instead of hardening the albuminoids of the membrane, it, like glycerine, softens and penetrates them, thus reaching the deper layers and destroying the bacilli there lodged.

I beg your pardon, friend. I did not mean to write a thesis on the disease, although deeply interested in it. Have made it a study since 1859.

Your old patient, Mrs. Wolff, continues much better and often speaks of you. Yours with regards T. J. Main, M. D.

Health Officer.

---

Vincennes, Ind., Nov. 3rd, 1898.

Editor Suggestive Therapeutics:

It is with pleasure that I reply to your request for an opinion regarding the treatment for diphtheria suggested by Mr. W. C. Kaiss in the November "Suggestive Therapeutics."

The writer's erroneous ideas concerning the etiology and pathology of diphtheria are entirely excusable, as I have no doubt the

gentleman makes no pretense to an intimate knowledge of these matters on which he could base an opinion which would be of scientific value.

The line of treatment is practically the same that I have used for several years, but constitutes only a part of a treatment which in my opinion and experience is of infinitely greater value, namely: the treatment by antitoxic serum.

This is not an occasion for the discussion of the serum-therapy of diphtheria, and yet I cannot well discuss another mode of treatment of the disease without mentioning the form of treatment which has been successful in my hands.

I am convinced that any form of treatment which depends largely for its success upon local applications to the throat and nose will record frequent failures by reason of the fact that in young children or those of nervous and hysterical temperament, more harm than good may be done by the fright and exertion caused by the application.

The erroneous idea concerning the frothy substance which is ejected after the use of peroxide or Hydrozone in a diphtheritic throat, is not uncommon. This substance is mistaken for something which existed in the throat, and which is loosened and ejected by reason of the action of the Hydrozone, while as a matter of fact, this frothy material did not exist previously, but is the product of a form of effervescence caused by the action of the Hydrozone upon the diphtheritic membrane and the muco-purulent secretions of the throat and nose. The same is true of the vomited matter following the administration of Hydrozone internally.

As a laxative at the beginning of the treatment, the combination of calomel, ipecac and soda is undoubtedly excellent, as the secretions are thereby stimulated, affording a means for the ready ejection of the poisons absorbed from the membrane.

The Hydrozone treatment is also of unquestionable value where its use is practicable, but in my opinion ,any line of treatment which does not depend chiefly for its success upon the use of antitoxic serum, is a treatment which excludes the chief therapeutic resource in the treatment of diphtheria. M. G. Moore, M. D.

Des Moines, Iowa, Nov. 4th, 1898.

Editor Suggestive Therapeutics:

Dear Sir: Your card of recent date at hand, and Bernheim's Suggestive Therapeutics came the same day. I am sure it will be put to good use along my line of work, and I believe it to be just as scientific and possibly more so, than the works of some experimenting psychologists, who say Bernheim is unscientific, and that their views on the subject are the correct ones. Dr. Bernheim has put his knowledge to the best of use, has applied what he does know of the mechanism of the mind of man, to bringing harmony out of inharmony of action, and this is more than mere theorists can say for themselves. I certainly admire the practical whenever I find it.

"Nothing succeeds like success" may be said of that cure for diphtheria described in the November number of your magazine or journal. If it saves the life of the innocent that is the test, for it is acknowledged by all that children die, in spite of all scientific knowledge applied, to save them from diphtheria. When the truth is known, it may be found that a psychic element plays its subtle role in diphtheria and other infectious diseases, and that the materialistic explanation does not entirely explain the origin and production of disease. Yours respectfully. L. Miller, M. D.

---

Cedar Bluffs, Neb., Nov. 4th, 1898.

Editor Suggestive Therapeutics:

Replying to your letter of November 2, would say Mr. Kaiss' treatment of diphtheria is good, but not "specific." I have used Hydrozone more or less and in all proportions from 25 per cent to full strength, ever since it was first introduced, and believe it to be the base of the best treatment known for that terrible disease. My experience, covering a period of over twenty years, has taught me that what will cure one case will fail in another. I think the Hydrarg. chlor. mit. et soda bicarb is good with which to follow the Hydrozone, but I frequently give castor oil instead. Mr. K—— will meet a case some of these days that is malignant, and after he clears the throat of all membrane, he will return to the case in a

few hours only to find his little patient feeling worse, weaker temperature and pulse higher (or perhaps pulse higher and temperature subnormal) and the membrane reformed, and then is when we find that the treatment as laid down by Mr. K—— falls far short of a specific, and when something else must be done and at once.

Still in such cases I think the Hydrozone is the best local application we have, and will cure the case, if we can quickly check the fast failing power of endurance and then sustain that power.

And here, I think, is where alcohol takes the lead of all other stimulants.

Hoping to hear from Mr. Kaiss again through the columns of the Suggestive Therapeutics, and wishing him success, I am, yours respectfully, J. E. Hadley, M. D.



ADVERTISEMENTS.

**Journal of Suggestive Therapeutics.**

ADVERTISING RATES: 1 inch ...$1.00 1 page, or 16 inches...$16.00
**No Discounts on Time Contracts.**

GUARANTEED Issue each month of the year 1899 ..... 8,000 copies
Maximum ..... 10,000 "

SWORN Average copies printed each month of the year 1898:
..... 5,150 "

**Suggestive Therapeutics** Successfully applied in all suitable cases, as in Nervous Debility, Chorea, Asthma, Sexual Disorders, Chronic Constipation, Headaches, Bad Habits, etc.

**W. I. HOWARD, M. D.,**
Raleigh Building, Corner Sixth and Washington. **Portland, Ore.**

# BOOKS PUBLISHED AND FOR SALE

—BY THE—

## PSYCHIC PUBLISHING COMPANY.

**Schenk.** The Determination of Sex.....$1.50
**Krafft-Ebing.** Experimental Study in the Domain of Hypnotism..... 1.25
**Podmore.** Thought Transference..... 1.25
**Fletcher.** Menti-Culture..... 1.00
**Klemm.** Muscle Beating..... .30
**Ciccolina.** Deep Breathing or Lung Gymnastics..... .50
**Granville.** Youth, Its Care and Culture..... 1.00
**Holbrook.** Advantages of Chastity..... 1.00
**Holbrook.** Mental Dyspepsia and Cures..... 1.00
**Whipple.** Philosophy of Mental Healing..... 2.00
**C. Lloyd Tuckey.** Psycho-Therapeutics..... 2.00
**Wetterstrand.** Hypnotism..... 2.00
**Fox.** The Lungs..... 1.00
**Colville.** The New Psychology..... 1.00
**Hering.** Memory and the Specific Energies of the Nervous System..... .15
**Binet.** Psychic Life of Micro-Organisms..... .25
**Binet.** On Double Conciousness..... .15
**Th. Ribot.** Psychology of Attention..... .75
**Th. Ribot.** Diseases of Personality..... .75
**Th. Ribot.** Diseases of the Will..... .75
**Mason.** Telepathy and the Subliminal Self..... 1.50
**Pitzer.** Suggestion..... 1.00
**Boris Sidis.** Psychology of Suggestion..... 1.75

**Any of these Books will be Sent Postpaid upon Receipt of the Price Quoted.**

## Address The Psychic Publishing Co.

**211-212 Herald Building, Chicago.**

# HYGIENIC

REQUISITES FOR

## Physicians and Patients

EVERYWHERE




UNADULTERATED.
NON-INJURIOUS.
EFFICACIOUS.

The desired quality—purity—is absolutely guaranteed in all of our preparations. They are manufactured on Hygienic principles; the science of "purity and health preservation" is our guide and **HYGIENIC TOILET REQUISITES** are prepared on these principles.

**HYGIENIC HAIR GROWER** is an infallible remedy in the correction of all hair and scalp disorders. It will eradicate dandruff, invigorate the scalp, enliven the hair follicles, and will promote the growth of hair where the roots are not entirely destroyed. As an every day hair dressing it is unequalled, as it contains no oil or sticky substance. Large bottle sent prepaid on receipt of price, 75 cents.

**HYGIENIC TOILET CREAM**—a pure skin food which supplies the pores and tissues with the necessary lubricant, thus removing black heads and facial blemishes. It removes wrinkles and prevents their formation, effectually erasing all traces of declining years. We have devoted years of careful study and experiment to this preparation. Sent prepaid on receipt of price, 50 cents.

**HYGIENIC TOOTH PASTE** hardens the gums and imparts a refreshing taste. It is absolutely pure and efficacious and is not intended to sell in competition with cheap tooth powders or liquids and when once used it will forever displace such. It is a hygienically pure paste, securely sealed in a collapsible tube, rendering it free from dust and dirt, and making it convenient to use. Prepaid on receipt of price, 50c.

**HYGIENIC SKIN SOAP**—pure--hygienic--antiseptic. It will obviate the disagreeable effects resulting from the use of impure soaps. For the complexion it is unsurpassed, removing roughness and cleansing the pores. It is an excellent shaving soap, allaying irritation and preventing barbers itch. It is delicately perfumed, retaining its odor until entirely used. Sent prepaid on receipt of price, 50 cents per box.

**HYGIENIC COMPLEXION POWDER** is far superior to any on the market and its use cannot be detected. Four shades: flesh, ivory, pink and white. Send 2 cent stamp for sample, or 50 cents for full size box.



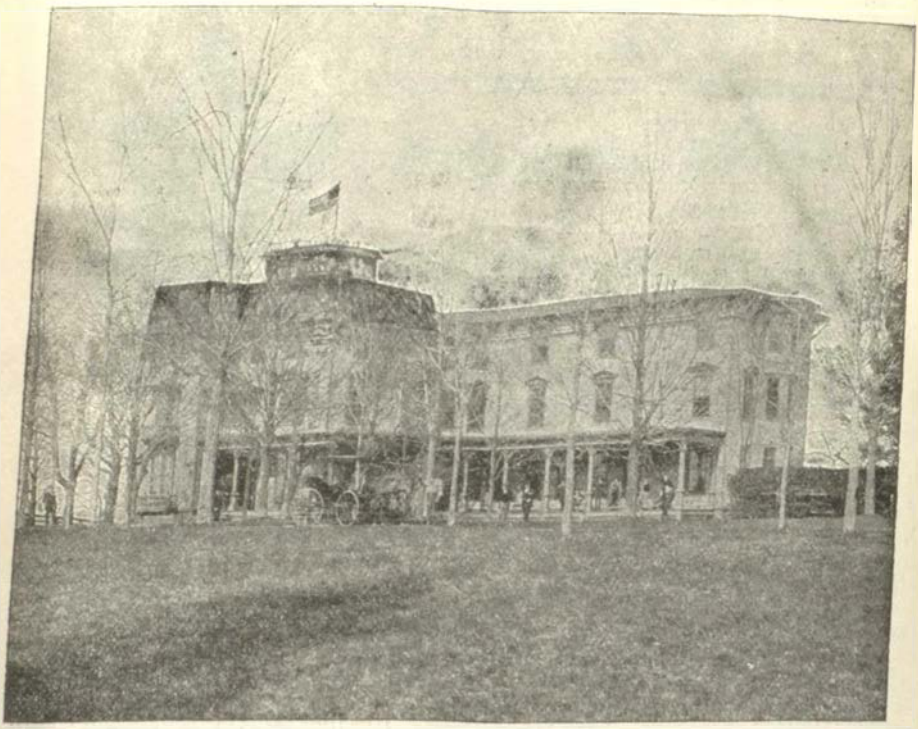

UNADULTERATED.
NON-INJURIOUS.
EFFICACIOUS.

SEND FOR FREE CIRCULARS AND TESTIMONIALS.

**THE FRANCO-AMERICAN HYGIENIC COMPANY,**

58 Fifth Ave., CHICAGO.

☞ We want representatives to handle our entire line of high-grade perfumes and hygienic requisites. Send 50 cents for full size bottle of triple extract perfume.



**"WALNUT LODGE HOSPITAL," Hartford, Conn.**

A Private Asylum Chartered in 1880 for the Special Treatment of
**ALCOHOL AND OPIUM INEBRIATES.**

This Institution is founded on the modern view that inebriety is a Disease and Curable. Each Case is made the subject of special study and special medical treatment, suited to meet the exact requirements of the case. Application for Admission, Terms and Letters of Inquiry, should be addressed, T. D. CROTHERS, M. D., FAIRFIELD AVE., HARTFORD, CONN

THE

# JOURNAL OF INEBRIETY

THE ORGAN OF THE AMERICAN
ASSOCIATION FOR THE STUDY
AND CURE OF INEBRIETY . . . .

This Journal has been published for twenty-two years. It is the only scientific Journal in the world devoted to the study of the disease and curability of inebriety, and is the recognized authority on this subject all over the world.

**The Subscription Price is Two Dollars a Year**

Address T. D. CROTHERS, Editor, Hartford, Conn.

Exercise as an Aid to Therapeutics.

# HEALTH AND VIGOR.

An up-to-date Illustrated Work on **Physical Education,** by **W. G. Anderson, M. D.,** Associate Director of Yale University Gymnasium.

**Good Thing for Patient**
**Good Thing for Physician.**

Remedial Gymnastics as an adjunct to medicine, from a medico-physical standpoint. Body building, heart, lung and digestive action strengthened. Weak limbs, imperfect bust, faulty organs developed; wasted muscles and tissues repaired; corpulence reduced. **Regular price of this work 50 cents. Mailed FREE to every Physician** on receipt of **10 cents** for postage, etc., together with Illustrated Catalogue of inexpensive apparatus (liberal discount to the profession) designed to carry out Dr. Anderson's ideas.

WHITELY EXERCISE COMPANY,
**154 A Lake Street, Chicago.**

---




---

## ABLEST CURE OF THE CENTURY!

**VRIL** a safe delightful, marvelous cell irritant, that quickly fills the blood and system with giant cells. Cells must be irritated or life wanes. It creates prodigious capillary circulation, nutrition, nerve power. In three days puts great strength, vital power, in very low weak, wasted, given-up-to-die patients. Made at home. Cost ten cents (10 cts.) a pound. Formula and instructions how to make and use it for $2.00. Money refunded if not satisfied with use.

These statements are sworn to by the proprietor

**S. G. ARMSTRONG, M. D., Berrien Springs, Mich.**

DEAR DOCTOR:—I conducted a sanitarium for about twelve years, depending solely upon this cell irritant, using other remedies only for appearances, treating thousands of consumptives, making cures unprecedented in medical literature. In using this remedy you will get your money back a thousand times, besides saving many lives of persons who must otherwise die. Price of formula and how to make and use it $2. Address S. G. ARMSTRONG, M. D., Berrien Springs, Mich.



6

# HYDROZONE

(30 volumes preserved aqueous solution of $H_2O_2$)

IS THE MOST POWERFUL ANTISEPTIC AND PUS DESTROYER.
HARMLESS STIMULANT TO HEALTHY GRANULATIONS.

# GLYCOZONE

(C. P. Glycerine combined with Ozone)

## IS THE MOST POWERFUL HEALING AGENT KNOWN.

These Remedies cure all Diseases caused by Germs.
Successfully used in the treatment of Chronic and Acute Ulcers (Specific or not),

## Skin Diseases, Eczema, Psoriasis, Salt Rheum, Itch, Barber's Itch, Poisoning Ivy, Acne, Etc.

**Hydrozone,** applied to any open diseased surface, destroys the pus, leaving the tissues beneath in a healthy condition. Then **Glycozone,** being applied to the clean surface, stimulates healthy granulations and heals the sore.

### Inflammatory and Purulent Diseases of the Ear. Otitis Media, Etc.

By means of a glass syringe, inject **Hydrozone,** either full strength or diluted, and complete the dressing with a small roll of cotton well impregnated with **Glycozone.**

**Send for free 240-page book "Treatment of Diseases caused by Germs," containing reprints of 120 scientific articles by leading contributors to medical literature.**

**Physicians remitting 50 cents will receive one complimentary sample of each "Hydrozone" and "Glycozone" by express, charges prepaid.**

**Hydrozone** is put up only in extra small, small, medium, and large size bottles, bearing a red label, white letters, gold and blue border with my signature.
**Glycozone** is put up only in 4-oz., 8-oz. and 16-oz. bottles, bearing a yellow label, white and black letters, red and blue border with my signature.
**Marchand's Eye Balsam** cures all inflammatory and contagious diseases of the eyes.

PREPARED ONLY BY

*Charles Marchand*

*Chemist and Graduate of the "Ecole Centrale des Arts et Manufacturers de Paris" (France.)*

Charles Marchand,

57-59 Prince St., New York.

**Sold by leading Druggists. Avoid imitations. Mention this Publication.**
**Pacific Coast Agent, F. A. BECKETT, 220 Sutter st., San Francisco, Cal.**

# SPECIAL TO OUR SUBSCRIBERS Only

**COMMISSIONS** THIS offer is addressed only to bona fide subscribers to the JOURNAL OF SUGGESTIVE THERAPEUTICS, who have paid their subscriptions for one year, and by so doing have shown that they take more than a casual interest in the study of suggestion.

**BOOKS OR CASH?** We will allow each of our subscribers a cash commission of 40 per cent upon any new subscriptions sent in; in other words, we will send THE JOURNAL OF SUGGESTIVE THERAPEUTICS one year, and the Easy Hypnotizer as premium, to any address sent us, upon receipt of 60 cents: **Provided** that the name sent in is that of a **new** subscriber, sent by an **old** subscriber. Note that this offer is made simply to encourage our subscribers to extend our subscription list for their advantage and ours. We allow no commission on renewals.

## DO YOU WANT BOOKS?

Take Your Choice of any Book We Offer for Sale.

**HUDSON'S LAW OF PSYCHIC PHENOMENA** ($1.50) is a good book to have. Send us the names of three new subscribers, with $3.00, and we will send to each THE JOURNAL OF SUGGESTIVE THERAPEUTICS for one year, with the Easy Hypnotiser, and to you a free copy of Hudson's Law.

**LLOYD TUCKEY'S PSYCHO-THERAPEUTICS** ($2.00) is one of the best books ever written on this work. A classic in itself, yet simply and plainly written. Send us four new subscribers, and get a copy free.

**BERNHEIM'S SUGGESTIVE THERAPEUTICS** ($3 50) is the one volume above all others which the student of this science takes delight in possessing. Send us seven new subscribers with $7 00 and get a copy free.

**These are the Largest Book Commissions which Have Ever Been Offered, amounting as they do to a discount of 50 per cent upon subscriptions.**

**NEED YOUR HELP** We need the help of our old subscribers to advance a knowledge of Suggestive Therapeutics. We have 3,000 paid up subscribers. If each one will give from ten to fifteen minutes each day to interest his friends in this journal, he can secure enough subscriptions to double our circle of readers, and can at the same time obtain for himself a library of very valuable books upon this subject within one month. Don't give your Journals to your friends with a request that they look them over when they can find time, because that will be the last of your copies, and we cannot supply others. Don't write to us for samples; we have not more than enough to supply subscribers. Simply assure your friends that their investment of a dollar will be money well spent, and make it a matter of personal influence. We will guarantee that they will not regret their bargain. We give the facts; have no axe to grind, and care nothing about theories. We seek the truth, and if theories do not fit facts, the theories must be dropped. Spread the good work.

THE PSYCHIC PUBLISHING COMPANY,

211, 212 Times Herald Building, CHICAGO.

# To Our Readers!!

A YEAR'S SUBSCRIPTION TO A

## $1.00 MAGAZINE FOR 50c.

FOR THE YEAR 1899.

## HOW TO GET IT!!

TO THE READER OF THIS:

Take a piece of cardboard and cut a hole in it. Place a 50-cent piece in the hole, and paste stamp paper over it. It will reach us safely. If it miscarries, and you tell us you sent the money, we take your word. No reader of our Journal will register a lie to save 50 cents. Cheque, Postal Order, Stamps or Express Order will do.

Mail this 50 cents to us with your name and address plainly written, and we will enter you a paid-up subscriber for the full year 1899.

**Then Tear Out this Page and Mail it** to some friend, and send us the name of that friend, that we may send him at once a sample copy. You will see by the wording of this that anyone can receive the same benefit by mailing this page to someone else. All we ask is that you keep this moving quickly, thus getting subscribers for us.

You will get this Journal for 50 cents a year instead of $1.00, **because you help us** by sending this page to someone else, who in turn sends it on again.

The value of this arrangement to us will lie in your promptness. Don't delay; **keep this page moving.** We want 10,000 subscribers instead of 5,000, and would rather have 10,000 at 50 cents than 5,000 at $1.00. You will receive your receipt by return mail, and if you are dissatisfied with the Journal after examining a copy, inform us, and **we will refund your money.**

Write "New Subscriber," or "Renewal" above your name, as the case may be, when remitting, and remember that we take your word for it that you will do your part by sending this page on.

## Journal Suggestive Therapeutics,

SYDNEY FLOWER, Manager.

**Note**—With this offer is included the Little Book,
**"How to Hypnotize."**

211-212 Times-Herald Bldg.

CHICAGO.

# Astonishing Results

The Waugh-Abbott Intestinal Antiseptic meets all the indications for an antiseptic for the alimentary canal safely, surely and pleasantly; and their name is legion.

The "W-A" Intestinal Antiseptic is a mixture of the chemically pure sulphocarbolates of lime, soda and zinc, especially made by a process that eliminates all the hitherto objectionable properties of the sulphocarbolates and has been found much more satisfactory than either salt alone. It is indicated in all fermentive and septic conditions.

It has no equal as an antiseptic in dyspepsia, diarrhea, dysentery, cholera morbus, cholera infantum, the green stool of nursing babies, flatulence, sour stomach from fermentation and all conditions allied to the above. It is practically a specific in typhoid fever when backed up by proper supporting measures.

The Waugh-Abbott Intestinal Antiseptic should, as a general rule, be used in connection with strychnine arseniate, or other indicated tonics, and eliminative doses of Abbott's Saline Laxative.

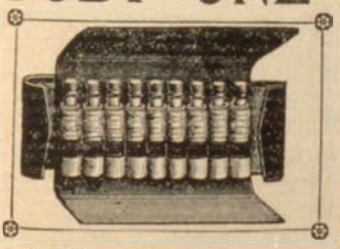
Price, per 100, 40c; 500, $1.90; 1000, $3.75; direct or through the regular channels of trade. Sample and literature on request, mentioning this journal.

THE ABBOTT ALKALOIDAL CO., CHICAGO



# JUST ONE DOLLAR—WORTH THREE

**(To New Subscribers Only)**



Will give you THE ALKALOIDAL CLINIC for one year and this elegant pocket case filled (granules or tablets as you specify) with any nine of the following assortment from the list of the Abbott Alkaloidal Co.

In ordering, use name and number and mention this Journal.

1 Aconitine, gr. 1-134
2 Digitalin, gr. 1-67
3 Hyoscyamine, gr. 1-250
4 Codeine, gr. 1-67
5 Podophyllin, gr. 1-6
6 Strych. Arseniate, gr. 1-134
7 Copper Arsenite, gr. 1-1000
8 Quinine Arseniate, gr. 1-67
9 Glonoin (Nit. Glyc.), gr. 1-250
10 Aloin, gr. 1-12
11 Acid Arsenious, gr. 1-67
12 Atropine Sulph., gr. 1-500
13 Brucine, gr. 1-134
14 Calcium Sulph., gr. 1-6
15 Calomel, gr. 1-6
16 Camphor Mono-brom., gr. 1-6
17 Colchicine, gr. 1-134
18 Emetine, gr. 1-67
19 Ergotin, gr. 1-6
20 Lithium Benzoate, gr. 1-6
21 Morphine Sulph., gr. 1-12
22 Quassin, gr. 1-67
23 Veratrine, gr. 1-134
24 Zinc Sulphocarbolate, gr. 1-6
25 Anticonstipation (Waugh's)
26 Anodyne for Infants (Waugh's)
27 Caffeine, gr. 1-67
28 Cicutine, gr. 1-134
29 Mercury Protoiodide, gr. 1-6
30 Iron Arseniate, gr. 1-67

The CLINIC teaches up-to-date therapeutics, and is acknowledged to be the leader in this field. Such names as Waugh, Coleman, Shaller, Aulde, Byron Robinson, Pynchon, Abbott, etc., positively insure its standing and the character of its work. These and a host of others are actively engaged in making the CLINIC second to none. A sample copy on request. Send your dollar, and if you are not satisfied, send back the goods and say so, and we will refund your money.

THE ALKALOIDAL CLINIC PUBLISHING CO., - Station X, CHICAGO

# THE CHICAGO SCHOOL OF PSYCHOLOGY

(INCORPORATED)

4020 DREXEL BOULEVARD, CHICAGO.

**Medical Superintendent, Herbert A. Parkyn, M. D.**

Established June 15, 1896, for the Treatment by Suggestion of all Human Diseases and Functional Disorders, including Habits of all Kinds, Epilepsy, Stammering, Insomnia, Nervous Prostration, Hysteria, Hypochondria, Chronic Headaches, Dysmenorrhœa, Obstinate Constipation, Monomania, Dyspepsia, Rheumatism, etc.

Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.

## A Diploma is Given to Every Graduate.

Upon application the superintendent will furnish all desired information as to length and terms of course, and private treatment.

## MAKES NEW FACES.

**A Chicago Woman's Plan for Preserving Youth—Wrinkles and Crowsfeet Due to Habits of Thought.**

The modern woman has constantly before her two ideals. One is to keep moving; the other is to keep young. Unfortunately these ideas do not fulfil themselves harmoniously; there is antagonism here. To keep moving uses up energy; breeds care and anxiety and lines the face. To keep young it is necessary to keep still; to sit at home in calmness and passivity; to avoid haste and such feverish excitement as springs from dabbling in those affairs of moment which make life. This, at least, has been the teaching of the new school.

But to the rescue of those who mean to act their part in life, to do what is to be done, and see what is to be seen, regardless of any damaging effect this may have upon their looks, comes the teaching and work of a still newer school, established by a Chicago woman, Mrs. (Col.) Alsbau, who asserts that the seamed and lined face can be remade, not by any surgical operation, but by purely natural methods of treatment, coupled with a little artificial assistance.

From the results of her work it is apparent that nature has by no means been niggardly in her gift to women, since a new face, with a real, genuine "baby skin," can be had almost for the asking. All that is necessary is an interview with Mrs. Alsbau, the transference of some cash, and a week's seclusion from the public eye on the part of the patient, and lo! the scarred and seamed one emerges from her temporary confinement with the unpowdered pinkness of a year old infant. So it has come about that women of 50 and 60 years, lean, mayhap, and wrinkled with the ravages of time and illness, have bloomed anew upon their friends and acquaintances, and have plunged again, with all the ardor which a youthful appearance generates, into the busy game of life—active, bustling, stirring life—and their talk is once more of love and war —upon men!

At her pretty rooms in the Reliance Building may be seen by the inquisitive the trophies and relics which Mrs. Alsbau has won in her battle with woman's arch-enemy, Time.

"Here," she explained, showing a film-like piece of wrinkled epidermis, preserved in a fold of lint, "is the nose of a prominent leader of society. It came off beautifully. You see that it is perfect."

It was indeed the outer skin in its entirety of a well-developed nose—aquiline, from the shape of the relic.

"And this," she continued, "is the forehead of a hard-working

woman, who was much furrowed. She has not a line on her brow at the present time."

It was learned that the owners of the fragments of epidermis betrayed no further interest in the fate of their former coverings; they were cast off and viewed with the same indifference with which a lobster may regard his outworn shell. Shells they were, indeed—the shell of a nose, of an ear, of a forehead, of a cheek or a chin.

"It is not a painful process," she remarked, "and in competent hands is not in the least degree dangerous. There is no cutting or burning, but I teach my secret to no one. Physicians have watched my work, and noted its results, but have contented themselves with approving and exclaiming. They have not entered into competition with me. I have two methods. One I call 'The Encroachment' and the other 'The Heroic.'

"The Encroachment consists of smoothing a good skin and removing such surface disfigurements as blackheads, acne, pimples, etc. I remove here only the outer cuticle, and am not so much impressed with the importance of this method as with the other.

"THE HEROIC METHOD

is my pet work. Of this I have made a science, and on this I have lavished more time in years than I dare count. A patient comes to me to-day, pitted with small-pox, we will say. In half an hour you could not, with a microscope, discover a single pock-mark on her skin. In thirty-six hours the old skin comes away, peels off, as the rind comes off an orange, and the pink baby-skin is fully formed underneath. Nevertheless, I do not allow those who have been thus treated to go unprotected into the air until six days have elapsed. The process is as follows: I first cleanse the face thoroughly and apply a certain lotion to the skin which is to come off—perhaps the whole face needs treating, perhaps only a nose; in this latter case, some fine work is necessary in order that the change may not be too marked—a shading of tint is aimed at. This lotion causes some smarting, and this is the only pain which is endured by the patient during the whole process. It ceases inside of thirty minutes in the most severe cases. During this space of thirty minutes the change takes place in the face which we desire to see. The tissues become firm, the lines are obliterated, the birth-marks, scars, wrinkles, folds or pock-marks disappear; the contour of the face changes; that is to say, the loose tissue, the ligaments and muscles of the face regain their firmness. A miracle seems to have been performed. As soon as this lotion has been absorbed the patient is told to look at herself in a glass. Individuality shows itself at this point. The face is red and plump. Some patients laugh hysterically, others cry softly, others are

simply amazed, but they all give vent in some form to pleasurable emotions. A woman's looks mean so much to her. The next thing to do is to protect the face. I cover the part treated with a soothing liquid spread on strips of tissue-paper. This hardens into a mask eventually, and the patient is sent home heavily veiled. It is only necessary for her to see me once again, that is on the third day, when I remove the skin which is peeling off with the tissue-paper, and apply more of the soothing lotion. No matter how old the woman is, there is never any pain about this peeling process, and there is never any change in the beauty of the new skin; it is always pink, clear and transparent. I never use a knife or cut any part of the face. Such methods are barbarous and dangerous. Nature must do the work, and she never fails. In five days or less all the old skin is removed, and the face is protected then by an oil which is applied every night for a few weeks. I have cured a bad case of eczema by this method, and there has been no return of the disease. I do not believe in treating the blood for most forms of skin disease. Local treatment alone is indicated.

"There is this difference between the Encroachment method and the Heroic, that the former leaves the skin white, while the latter leaves it pink. This pinkness wears off in some degree in from ten to twelve days, but the transparency increases up to three months, and seems to improve up to a year; then it remains stationary for at least a period of twelve or fifteen years, possibly longer. I have not had an opportunity of observing the effect for a longer period than this, but I see no reason why it should ever be necessary to repeat the process. The improvement may continue till death. I can only speak of my work as far as I have been able to follow it. My first case dates back fifteen years, and the skin is still fresh, clear and unwrinkled.

"A PSYCHOLOGICAL EFFECT

seems to be present in these cases, which assists the results. We know how much the mind affects the body, and it is most probable that the content and happiness which come to a woman who has regained her looks are to a large extent answerable for the increased vigor and health which follow this treatment. It is only reasonable that her digestion and assimilation of food should be benefited by the fact that her mind is at rest, and I have seen the thin woman regain flesh after her looks had been improved. Why should we be content with wrinkles when we can get rid of them so easily? A woman is never old at heart; why should she look any older than she feels? Or, if you prefer it, why should not a woman be always young? She can be."

(Mrs. Alsbau's address is Suite 1100 Reliance Building, 100 State street, Chicago, and all communications received by her are held in strictest confidence.)

# THE CHICAGO SCHOOL OF PSYCHOLOGY

(INCORPORATED)

4020 DREXEL BOULEVARD, CHICAGO.

**Medical Superintendent, Herbert A. Parkyn, M. D.**

Established June 15, 1896, for the Treatment by Suggestion of all Human Diseases and Functional Disorders, including Habits of all Kinds, Epilepsy, Stammering, Insomnia, Nervous Prostration, Hysteria, Hypochondria, Chronic Headaches, Dysmenorrhœa, Obstinate Constipation, Monomania, Dyspepsia, Rheumatism, etc.

Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.

## A Diploma is Given to Every Graduate.

Upon application the superintendent will furnish all desired information as to length and terms of course, and private treatment.

# ALL THE WORLD LOVES A BARGAIN

Our readers form no exception to this rule, therefore they will take advantage of this

*Special Premium Offer*

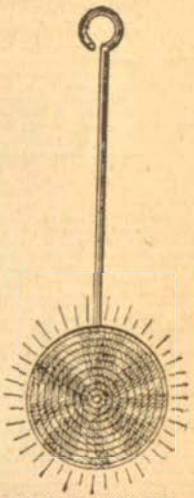
(FOR A LIMITED TIME)

The Journal of Suggestive Therapeutics
For One Year (Price $1.00)

—AND—

The Easy Hypnotizer; Price 50 Cents
Packed with full directions for using

## BOTH FOR $1.00



THE EASY HYPNOTIZER
is not sold separately from the Journal.

This offer holds good for either **new** or **old** subscribers. Any one sending in $1.00 for a new subscriber will receive this instrument free, but in this case the new subscriber will not be given one.

The premium books Hypnotism Up to Date and a Study in Hypnotism are not given with this offer.

☞ **WHY WE DO THIS.** The Journal of Suggestive Therapeutics alone is worth the dollar many times over, but we give this valuable premium because we will not lose one of our old subscribers if we can help it. The Easy Hypnotizer is given to encourage renewal, and increase our already large subscription list. Address at once,

**THE PSYCHIC PUBLISHING COMPANY**

**211-212 Times-Herald Building,** **CHICAGO**

# National College of Electro-Therapeutics

...LIMA, OHIO...

A thorough, practical course of instruction upon the subjects of Electro-physics, Electro-physiology and Electro-therapeutics. Also a complete **COURSE BY MAIL** for those who can not come for the personal course. Also a course on Nursing, Baths, Massage, etc.

*Ten Instructors.*

*Diplomas granted to those qualified. Degree conferred.*

Correspondence Solicited.

**H. C. BENNETT, M.D., Secy., 2, 4, 6, 8 and 10 Collins Block**

# Sanitarium for Special Cases



A limited number of selected cases will be taken for treatment by Suggestive Therapeutics at the residence of the late Dr. B. L. Colwell, 3040 Calumet Avenue, Chicago. Every convenience will be found here for the comfort of patients requiring rest, pleasant surroundings, and quiet. All forms of nervous disorders, neurasthenia, mental diseases, and habits, with the exception of drug habits, are treated here.

The house is located in a quiet neighborhood, near to lines of travel to the city, electric, cable, or elevated roads; within easy distance of the parks on the south, and the city on the north.

Careful attention is given to nervous invalids, with special attendance if desired.

This residence is designed to be a place of rest wherein by means of suggestion, hygienic surroundings, diet and exercise, sufferers from any nervous disorders may regain tone and health. The recuperative power in a patient is developed by suggestion. Medicine is only an assistance to Nature, sometimes effective, sometimes ineffective. By the use of suggestion we reach the recuperative power directly, calm the mind, quiet the nerves, and employ the most powerful restorative medium known—sleep.

Sleep rebuilds the body by permitting nutrition to proceed undisturbed. Sleep quiets the brain, and permits the restoration of strength and tone to the nervous system. Sleep checks pain, and suggestion removes it.

Note the importance always attached by the practiced physician to the appearance of sleep in his doubtful cases. Where there is sleep there is natural healing.

Address for terms and full information,

**SYDNEY FLOWER, LL. D.,**

**3040 Calumet Avenue, CHICAGO.**

# The Persian Facial Institute



**M. J. Alsbau, M. E., Dermatologist,**

RELIANCE BUILDING,
CHICAGO.

Sole Proprietor and Manufacturer of

**PERSIAN TOILET PREPARATIONS.**

**To the Readers of the Journal of Suggestive Therapeutics:**

In reply to the numerous inquiries received regarding my course of instruction in Dermatology, I have a few plain statements to make.

1. A complete course of instruction is given at this Institute, and the work is thoroughly taught. Students have the privilege of perfecting themselves in all branches of the work by treating patients under my supervision.

2. This is women's work, and I teach and treat women only.

3. The full course lasts from two to three weeks or longer, according to the student's capability. I allow no student to leave the Institute until she is fully satisfied of her ability to pursue the work.

4. Cost of instruction, including certificate, is: for a course of instruction in Dermatology, $100; for the Encroachment and Heroic Treatments, $500.

5. Comfortable homes are provided for patients and students coming from a distance, at reasonable cost.

6. I do not teach or treat by mail, but inquiries are cheerfully answered.

7. This is an opportunity for women of all ages to learn a profession which will assure them an independent income.

8. The work is pleasant to do, and easily learned.

Address all communications to the above, and send for circulars.

ESTABLISHED 1896

## THE PIONEER IN AMERICAN PSYCHOTHERAPEUTICS

We give here an unequalled course of instruction in the treatment of disease by natural methods

...The...

# Chicago School of Psychology.

(INCORPORATED.)

4020 Drexel Boulevard, CHICAGO, ILL.

HERBERT A. PARKYN, M. D.
Medical Superintendent

M. J. MURPHY
Secretary

**The most Advanced System of Treating Disease by SUGGESTION**

FUNCTIONAL DISORDERS, such as Chronic Constipation, Dyspepsia, Diarrhœa, Dysmenorrhœa, Amenorrhœa, &c. Nervous Diseases, including Locomotor Ataxia, Chorea, Epilepsy, Stammering and Asthma. Mental Troubles such as Melancholia, Manias, Idiosyncrasies, Illusions. Delusions, Hallucinations, Stage Fright, Self-Consciousness, &c. Liquor, Drug and Tobacco Habits, Headache, Rheumatism and Insomnia.

A Handsome Sheepskin Diploma, Engraved from Steel, awarded each Graduate.
For terms of School Course, Private Treatments or Instruction by Mail

Address—THE SECRETARY,

The Chicago School of Psychology 4020 DREXEL BOUL. CHICAGO, ILL.

---

# Subscription Blank.

(Tear out and fill in.)

*Enclosed find $.....for which you will please enter my name as a subscriber to* The Journal of Suggestive Therapeutics, *for one year, beginning with the.....number, and send me* The Easy Hypnotizer *as premium, according to your printed offer in July number.*

*Signed*.....

*Address in Town*.....

*State*.....

# SPECIAL TO OUR SUBSCRIBERS Only

**COMMISSIONS** THIS offer is addressed only to bona fide subscribers to the JOURNAL OF SUGGESTIVE THERAPEUTICS, who have paid their subscriptions for one year, and by so doing have shown that they take more than a casual interest in the study of suggestion.

**BOOKS OR CASH?** We will allow each of our subscribers a cash commission of 40 per cent upon any new subscriptions sent in; in other words, we will send THE JOURNAL OF SUGGESTIVE THERAPEUTICS one year, and the Easy Hypnotizer as premium, to any address sent us, upon receipt of 60 cents: **Provided** that the name sent in is that of a **new** subscriber, sent by an **old** subscriber. Note that this offer is made simply to encourage our subscribers to extend our subscription list for their advantage and ours. We allow no commission on renewals.

## DO YOU WANT BOOKS?

Take Your Choice of any Book We Offer for Sale.

**HUDSON'S LAW OF PSYCHIC PHENOMENA** ($1.50) is a good book to have. Send us the names of three new subscribers, with $3.00, and we will send to each THE JOURNAL OF SUGGESTIVE THERAPEUTICS for one year, with the Easy Hypnotiser, and to you a free copy of Hudson's Law.

**LLOYD TUCKEY'S PSYCHO-THERAPEUTICS** ($2.00) is one of the best books ever written on this work. A classic in itself, yet simply and plainly written. Send us four new subscribers, and get a copy free.

**BERNHEIM'S SUGGESTIVE THERAPEUTICS** ($3.50) is the one volume above all others which the student of this science takes delight in possessing. Send us seven new subscribers with $7 00 and get a copy free.

**These are the Largest Book Commissions which Have Ever Been Offered, amounting as they do to a discount of 50 per cent upon subscriptions.**

## NEED YOUR HELP

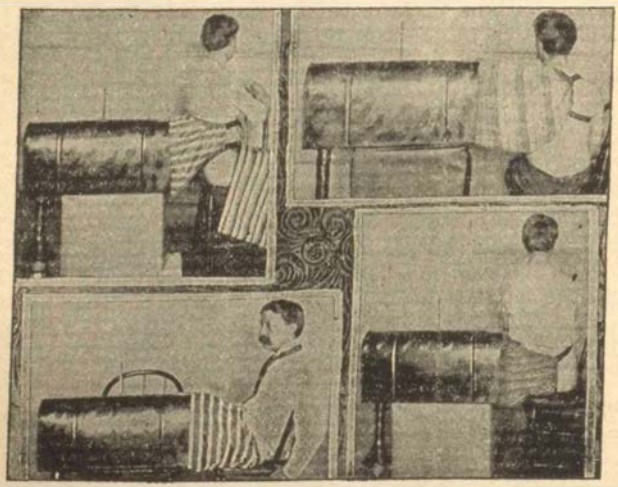
We need the help of our old subscribers to advance a knowledge of Suggestive Therapeutics. We have 3,000 paid up subscribers. If each one will give from ten to fifteen minutes each day to interest his friends in this journal, he can secure enough subscriptions to double our circle of readers, and can at the same time obtain for himself a library of very valuable books upon this subject within one month. Don't give your Journals to your friends with a request that they look them over when they can find time, because that will be the last of your copies, and we cannot supply others. Don't write to us for samples; we have not more than enough to supply subscribers. Simply assure your friends that their investment of a dollar will be money well spent, and make it a matter of personal influence. We will guarantee that they will not regret their bargain. We give the facts; have no axe to grind, and care nothing about theories. We seek the truth, and if theories do not fit facts, the theories must be dropped. Spread the good work.

THE PSYCHIC PUBLISHING COMPANY,
211, 212 Times Herald Building, CHICAGO.

**WE ARE AGENTS FOR THE BETZ BATHS AND SELL DIRECT T**

# THE BETZ
# Hot Air Apparatus

is the only one made with all attachments for treating arms, legs, shoulders, hips, kidneys and abdomen with hot air at 450° F., for the topical treatment of acute, subacute, articular and gonorrhoeal rheumatism, arthritis, ankylosis, synovitis, etc. In other words, to cause absorption of effusion and restore mobility to joints stiffened by injury or disease, relieving pain immediately.



Out of 1,000 inquiries not one would return the apparatus for what he paid for it. We make all kinds. Over 60,000 sold to physicians and hospitals alone.

The apparatus, made of steel oxidized copper, with all attachments for treating limbs and body—thermometer, alcohol heater, etc., only - - - $20.00
Same outfit as above, made of Galvanized Iron, - - 12.00
With Sterilizing Attachments, - - - $1.00 extra
" Steel Stand, Enameled, - - - - 3.50 "
" Seven yards Turkish Toweling, - - 1.00 "
" Gasoline Heating Attachments, - - 2.50 "

**Full Particulars and Directions sent with each order.**

# PHYSICIANS OR PATIENTS. SEE OUR CUT PRICES BELOW.

## *ONLY $2.50 FOR THE STAR VAPOR BATH.*



Others charge $5.00 for a vapor bath made of rubber cloth, while we ask you only $2.50 for the Star, made of satin finish garniture (the strongest and finest woven goods made), that we warrant for five years. Over 90,000 in use; 312 sold to the Chicago Fire Department four years ago and they are as good as new to-day. Could we make this statement if we had made them of rubber cloth? Ours lead the world for physicians', hospital and home use; for giving Turkish, Russian, Perfumed or Medicated Vapor Baths.

**CONSTRUCTION**—The cabinet is fastened on two frames of steel; the top one is 26 inches in diameter, lower one 28x38 inches. Collar self-acting. Especially adapted for the traveling public and the home, as it folds up to 17x28 inches and will go in a trunk.

Alcohol Heater, Medicine Vaporizing Pan and Formulas sent with each.

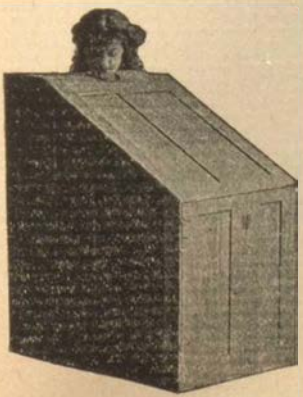
## *ONLY $3.50 FOR THE ONLY AUTOMATIC VAPOR BATH MADE.*

It does not rest on the shoulders. Can be raised or lowered for a child or tall person. Prejudices are not always easily explained, yet they exist and have to be met. It is our desire to please all, and with this Bath we claim to satisfy the most skeptical.

**CONSTRUCTION**—Consists of a clamp, clutch, and maplewood rod. It can be fastened to any chair; the rod fits in a strong malleable iron socket fastened to a circular steel ring which supports a canopy. It can be raised or lowered only at right angle. Covering of a triple warp satin finished garniture, being thoroughly vapor tight. We guarantee it to be as good as new at the end of five years' service.

On entering or emerging from the Bath, a gentle pressure of one hand raises the canopy over the center, where it catches automatically on a lug holding it in place. When not in use it may be left over a chair or folded and put away. The metal being beautifully finished and the whole an ornament to any chamber. A child can operate it. When folded it occupies a space of 26x32 inches and weighs 10 pounds. It is not one of these cheap wire affairs, but made of 5-16 steel. Alcohol Heater, Medicine Vaporizing Pan, Formulas, etc., sent with each Automatic Bath.





## *THE KING OF ALL.*

### *Our price $12.00, Others ask $30.00.*

Made of hardwood, well seasoned and kiln dried. Every piece soaked in oil to overcome the difficulty that has always heretofore existed on account of the wood absorbing vapor and dampness. Every cabinet is polished and finished equal to parlor furniture. This cabinet has never been sold before for less than $30.00. It has all of the latest improvements, such as doors, ventilator, etc. It can be folded up to four inches thick without taking out a screw. It stands 42 inches high and 24½x37 on the floor. The patient operates the ventilator from the inside. This gives any temperature. We send an alcohol or gas burner, and ask but $12.00. It is actually giving them away. We also wire and put on four extra nickel-plated binding posts for $1.00 extra, so that any battery can be used. This outfit weighs seventy pounds and should go by freight. It is to-day the greatest bargain offered in this country.

Address: PSYCHIC PUB. CO., 211-212 Herald Bldg.

# BOOKS PUBLISHED AND FOR SALE

—— BY THE ——

## PSYCHIC PUBLISHING COMPANY.

**Bigelow.** The Mystery of Sleep..... $1.50
**Bernheim.** Suggestive Therapeutics..... 3.50
**Mann.** Manual of Psychological Medicine..... 3.00
**Rone.** Psychology as a Natural Science..... 3.50
**Ribot.** Diseases of the Memory..... 1.50
**Tuke.** Influence of Mind Upon Body..... 3.00
**Lyman.** Insomnia and Disorders of Sleep..... 1.50
**Flower.** A Study in Hypnotism..... 1.00
**Flower.** Hypnotism Up to Date..... 1.00
**Bastian.** The Brain as an Organ of Mind..... 2.50
**Notzing.** Suggestive Therapeutics in Psychopathia Sexualis..... 2.50
**Maudsley.** Pathology of the Mind..... 2.00
**Corning.** Headache and Neuralgia..... 2.75
**Hudson.** The Law of Psychic Phenomena..... 1.50
**Hudson.** A Scientific Demonstration of the Future Life 1.50
**Binet and Fere.** Animal Magnetism..... 1.50
**Cocke.** Hypnotism..... 1.50
**Holbrook.** Hygienic Treatment of Consumption..... 2.00
**Moll.** Hypnotism..... 1.25
**Krafft-Ebing.** Psychopathia Sexualis..... 3.00

**Any of these Books will be Sent Postpaid on Receipt of the Price Quoted.**

## Address The Psychic Publishing Co.

**211-212 Herald Building, Chicago.**

# BOOKS PUBLISHED AND FOR SALE

—— BY THE ——

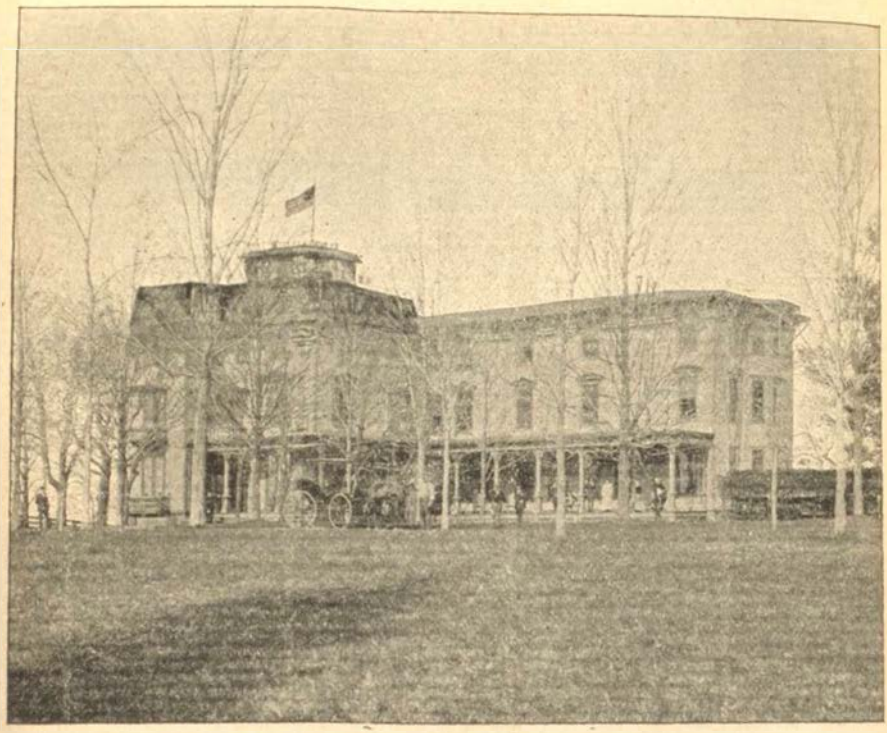
## PSYCHIC PUBLISHING COMPANY.

| | | |
|---|---|---|
| **Schenk.** | The Determination of Sex | $1.50 |
| **Krafft-Ebing.** | Experimental Study in the Domain of Hypnotism | 1.25 |
| **Podmore.** | Thought Transference | 1.25 |
| **Fletcher.** | Menti-Culture | 1.00 |
| **Klemm.** | Muscle Beating | .30 |
| **Ciccolina.** | Deep Breathing or Lung Gymnastics | .50 |
| **Granville.** | Youth, Its Care and Culture | 1.00 |
| **Holbrook.** | Advantages of Chastity | 1.00 |
| **Holbrook.** | Mental Dyspepsia and Cures | 1.00 |
| **Whipple.** | Philosophy of Mental Healing | 2.00 |
| **C. Lloyd Tuckey.** | Psycho-Therapeutics | 2.00 |
| **Wetterstrand.** | Hypnotism | 2.00 |
| **Fox.** | The Lungs | 1.00 |
| **Colville.** | The New Psychology | 1.00 |
| **Hering.** | Memory and the Specific Energies of the Nervous System | .15 |
| **Binet.** | Psychic Life of Micro-Organisms | .25 |
| **Binet.** | On Double Conciousness | .15 |
| **Th. Ribot.** | Psychology of Attention | .75 |
| **Th. Ribot.** | Diseases of Personality | .75 |
| **Th. Ribot.** | Diseases of the Will | .75 |
| **Mason.** | Telepathy and the Subliminal Self | 1.50 |
| **Pitzer.** | Suggestion | 1.00 |
| **Boris Sidis.** | Psychology of Suggestion | 1.75 |

**Any of these Books will be Sent Postpaid upon Receipt of the Price Quoted.**

## Address The Psychic Publishing Co.

**211-212 Herald Building, Chicago.**



"WALNUT LODGE HOSPITAL," Hartford, Conn.

A Private Asylum Chartered in 1880 for the Special Treatment of
ALCOHOL AND OPIUM INEBRIATES.

This Institution is founded on the modern view that inebriety is a Disease and Curable. Each Case is made the subject of special study and special medical treatment, suited to meet the exact requirements of the case. Application for Admission, Terms and Letters of Inquiry, should be addressed, T. D. CROTHERS, M. D., FAIRFIELD AVE., HARTFORD, CONN.

THE

# JOURNAL OF INEBRIETY

THE ORGAN OF THE AMERICAN ASSOCIATION FOR THE STUDY AND CURE OF INEBRIETY . . . .

This Journal has been published for twenty-two years. It is the only scientific journal in the world devoted to the study of the disease and curability of inebriety, and is the recognized authority on this subject all over the world.

The Subscription Price is Two Dollars a Year

Address T. D. CROTHERS, Editor, Hartford, Conn.

THE

# Chicago School of Psychology

(INCORPORATED)

4020 Drexel Boul., Chicago, Ill.

HERBERT A. PARKYN, M. D.
Medical Superintendent

M. J. MURPHY
Secretary

Functional Disorders, such as Chronic Constipation, Dyspepsia, Diarrhoea, Dysmenorrhoea, Amenorrhoea, Etc. Nervous Diseases, including Locomotor Ataxia, Chorea, Epilepsy, Stammering and Asthma, Mental Troubles, such as Melancholia, Manias, Idiosyncrasies, Illusions, Delusions, Hallucinations, Stage Fright, Self-conciousness, Etc. Liquor, Drug and Tobacco Habits, Headaches, Rheumatism and Insomnia.

**Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.**

## A Diploma is Given to Every Graduate

**For terms of School Course or Private Treatments, address**

SECRETARY,

**The Chicago School of Psychology**

4020 DREXEL BOULEVARD CHICAGO, ILL.

# ALL THE WORLD LOVES A BARGAIN

Our readers form no exception to this rule, therefore they will take advantage of this

*Special Premium Offer*

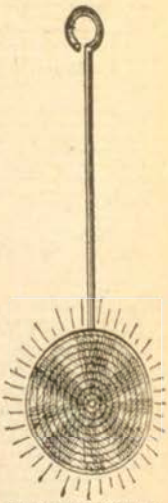
(FOR A LIMITED TIME)

The Journal of Suggestive Therapeutics
For One Year (Price $1.00)

—AND—

The Easy Hypnotizer; Price 50 Cents
Packed with full directions for using

## BOTH FOR $1.00



THE EASY HYPNOTIZER
is not sold separately from the Journal.

This offer holds good for either **new** or **old** subscribers. Any one sending in $1.00 for a new subscriber will receive this instrument free, but in this case the new subscriber will not be given one.

The premium books Hypnotism Up to Date and a Study in Hypnotism are not given with this offer.

☞ **WHY WE DO THIS.** The Journal of Suggestive Therapeutics alone is worth the dollar many times over, but we give this valuable premium because we will not lose one of our old subscribers if we can help it. The Easy Hypnotizer is given to encourage renewal, and increase our already large subscription list. Address at once,

**THE PSYCHIC PUBLISHING COMPANY**

**211-212 Times-Herald Building,** **CHICAGO**

# National College of Electro-Therapeutics

...LIMA, OHIO...

A thorough, practical course of instruction upon the subjects of Electro-physics, Electro-physiology and Electro-therapeutics. Also a complete **COURSE BY MAIL** for those who can not come for the personal course. Also a course on Nursing, Baths, Massage, etc.

*Ten Instructors.*

*Diplomas granted to those qualified. Degree conferred.*

Correspondence Solicited. **H. C. BENNETT, M.D., Secy., 2, 4, 6, 8 and 10 Collins Block**

# Sanitarium for Special Cases



A limited number of selected cases will be taken for treatment by Suggestive Therapeutics at the residence of the late Dr. B. L. Colwell, 3040 Calumet Avenue, Chicago. Every convenience will be found here for the comfort of patients requiring rest, pleasant surroundings, and quiet. All forms of nervous disorders, neurasthenia, mental diseases, and habits, with the exception of drug habits, are treated here.

The house is located in a quiet neighborhood, near to lines of travel to the city, electric, cable, or elevated roads ; within easy distance of the parks on the south, and the city on the north.

Careful attention is given to nervous invalids, with special attendance if desired.

This residence is designed to be a place of rest wherein by means of suggestion, hygienic surroundings, diet and exercise, sufferers from any nervous disorders may regain tone and health. The recuperative power in a patient is developed by suggestion. Medicine is only an assistance to Nature, sometimes effective, sometimes ineffective. By the use of suggestion we reach the recuperative power directly, calm the mind, quiet the nerves, and employ the most powerful restorative medium known—sleep.

Sleep rebuilds the body by permitting nutrition to proceed undisturbed. Sleep quiets the brain, and permits the restoration of strength and tone to the nervous system. Sleep checks pain, and suggestion removes it.

Note the importance always attached by the practiced physician to the appearance of sleep in his doubtful cases. Where there is sleep there is natural healing.

Address for terms and full information,

**SYDNEY FLOWER, LL. D.,**

**3040 Calumet Avenue, CHICAGO.**

# The Persian Facial Institute



**M. J. Alsbau, M. E., Dermatologist,**

RELIANCE BUILDING,
CHICAGO.

Sole Proprietor and Manufacturer of

**PERSIAN TOILET PREPARATIONS.**

**To the Readers of the Journal of Suggestive Therapeutics:**

In reply to the numerous inquiries received regarding my course of instruction in Dermatology, I have a few plain statements to make.

1. A complete course of instruction is given at this Institute, and the work is thoroughly taught. Students have the privilege of perfecting themselves in all branches of the work by treating patients under my supervision.

2. This is women's work, and I teach and treat women only.

3. The full course lasts from two to three weeks or longer, according to the student's capability. I allow no student to leave the Institute until she is fully satisfied of her ability to pursue the work.

4. Cost of instruction, including certificate, is: for a course of instruction in Dermatology, $100; for the Encroachment and Heroic Treatments, $500.

5. Comfortable homes are provided for patients and students coming from a distance, at reasonable cost.

6. I do not teach or treat by mail, but inquiries are cheerfully answered.

7. This is an opportunity for women of all ages to learn a profession which will assure them an independent income.

8. The work is pleasant to do, and easily learned.

Address all communications to the above, and send for circulars.

# ST. PAUL FACIAL INSTITUTE

MRS. M. C. BIRD, SUPT.
MRS. M. L. MARTIN, MGR.

81-82 GERMANIA LIFE BUILDING,
ST. PAUL, MINN.

A full course in practical Dermatology, together with a handsome certificate for framing is given to our students. A thorough knowledge of electrical application and the use of the battery is included in the course.

We use the Heroic and Encroachment methods of treating the skin, when such treatment is advisable, and teach these methods to our students. We teach and treat women only at this institute.

Special attention is given to the removal of moles, pimples, scars, pock marks, etc.

For terms of our course of instruction, cost of treatment, etc., address as above.

☞ Communications cheerfully answered and advice given by mail or by personal interview gratis to readers of this journal.

---

# The Garfield Park Sanitarium

## Chicago Ill.

This is the sixth year of this institution, which is the largest in the city. Its location, overlooking Garfield Park, cannot be excelled.

Many ladies, not only from this city, but from other states, have been greatly benefited by a few weeks at this Sanitarium. It is under the personal care of regularly educated and experienced physicians.

Send for illustrated pamphlet.

**Address C. S. FLEMING, Business Mgr.**

**Telephone West 724.** **1774 Washington Boul., CHICAGO.**

# THE SUGGESTER AND THINKER

EDITED BY ROBERT SHEERIN, M. D.,

is a popular monthly magazine, beautiful type and paper, devoted to an investigation of **suggestion and thought force,** their uses and abuses, and possibilities as **curative, moral and educational agents.** Its corps of contributors is its guarantee of success and of satisfaction to the reading public. It gives thorough study and elucidation of the facts of **hypnotism, telepathy, dreams, visions,** and all other **psychic phenomena.**

Subscription, $1.00 a year, in which time it will teach all the methods of hypnotizing, using suggestion in the cure of diseases, habits, etc., and all other possible ways. **In the August number** is begun a **series of articles detailing how to hypnotize.**

Clippings from current articles of both American and European journals and **portraits** of the **world's eminent psychologists** and **schools** of **suggestion** are a feature of each number.

PREMIUM LIST.

| | | |
|---|---|---|
| I. | Suggester and Thinker one year and Pitzer's Suggestion ($1.00), - - - | $1.50 |
| II. | Suggester and Thinker one year and Schlathoelter's Hypnotism Explained ($1.00) | 1.50 |
| III. | Suggester and Thinker one year and How to Hypnotize, - - - - | 1.00 |
| IV. | Suggester and Thinker one year and Flower's Hypnotism Up to Date - - | 1.00 |
| V. | Suggester and Thinker one year and Flower's Study in Hypnotism, - - | 1.00 |
| VI. | Suggester and Thinker one year and The Magic Hypnotizer, - - - | 1.00 |

Write for sample copy, mentioning this journal. Address

**SUGGESTER AND THINKER PUB. CO., Cleveland, Ohio**

---

# Subscription Blank.

(Tear out and fill in.)

*Enclosed find $.....for which you will please enter my name as a subscriber to* The Journal of Suggestive Therapeutics, *for one year, beginning with the.....number, and send me* The Easy Hypnotizer *as premium, according to your printed offer in July number.*

*Signed*.....

*Address in Town*.....

*State*.....

# SPECIAL TO OUR SUBSCRIBERS Only

**COMMISSIONS** THIS offer is addressed only to bona fide subscribers to the JOURNAL OF SUGGESTIVE THERAPEUTICS, who have paid their subscriptions for one year, and by so doing have shown that they take more than a casual interest in the study of suggestion.

**BOOKS OR CASH?** We will allow each of our subscribers a cash commission of 40 per cent upon any new subscriptions sent in; in other words, we will send THE JOURNAL OF SUGGESTIVE THERAPEUTICS one year, and the Easy Hypnotizer as premium, to any address sent us, upon receipt of 60 cents: **Provided** that the name sent in is that of a **new** subscriber, sent by an **old** subscriber. Note that this offer is made simply to encourage our subscribers to extend our subscription list for their advantage and ours. We allow no commission on renewals.

## DO YOU WANT BOOKS?

Take Your Choice of any Book We Offer for Sale.

**HUDSON'S LAW OF PSYCHIC PHENOMENA** ($1.50) is a good book to have. Send us the names of three new subscribers, with $3.00, and we will send to each THE JOURNAL OF SUGGESTIVE THERAPEUTICS for one year, with the Easy Hypnotiser, and to you a free copy of Hudson's Law.

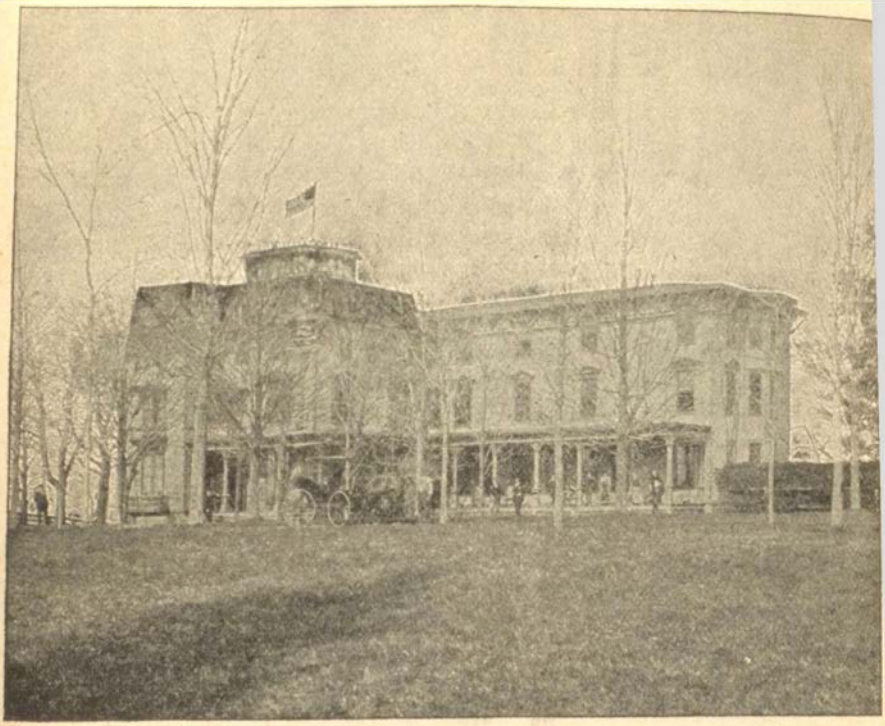
**LLOYD TUCKEY'S PSYCHO-THERAPEUTICS** ($2.00) is one of the best books ever written on this work. A classic in itself, yet simply and plainly written. Send us four new subscribers, and get a copy free.

**BERNHEIM'S SUGGESTIVE THERAPEUTICS** ($3.50) is the one volume above all others which the student of this science takes delight in possessing. Send us seven new subscribers with $7.00 and get a copy free.

**These are the Largest Book Commissions which Have Ever Been Offered, amounting as they do to a discount of 50 per cent upon subscriptions.**

**NEED YOUR HELP** We need the help of our old subscribers to advance a knowledge of Suggestive Therapeutics. We have 3,000 paid up subscribers. If each one will give from ten to fifteen minutes each day to interest his friends in this journal, he can secure enough subscriptions to double our circle of readers, and can at the same time obtain for himself a library of very valuable books upon this subject within one month. Don't give your Journals to your friends with a request that they look them over when they can find time, because that will be the last of your copies, and we cannot supply others. Don't write to us for samples; we have not more than enough to supply subscribers. Simply assure your friends that their investment of a dollar will be money well spent, and make it a matter of personal influence. We will guarantee that they will not regret their bargain. We give the facts; have no axe to grind, and care nothing about theories. We seek the truth, and if theories do not fit facts, the theories must be dropped. Spread the good work.

THE PSYCHIC PUBLISHING COMPANY,
211, 212 Times Herald Building, CHICAGO.



**"WALNUT LODGE HOSPITAL," Hartford, Conn.**

A Private Asylum Chartered in 1880 for the Special Treatment of
**ALCOHOL AND OPIUM INEBRIATES.**

This Institution is founded on the modern view that inebriety is a Disease and Curable. Each Case is made the subject of special study and special medical treatment, suited to meet the exact requirements of the case. Application for Admission, Terms and Letters of Inquiry, should be addressed, T. D. CROTHERS, M. D., FAIRFIELD AVE., HARTFORD, CONN

THE

# JOURNAL OF INEBRIETY

**THE ORGAN OF THE AMERICAN ASSOCIATION FOR THE STUDY AND CURE OF INEBRIETY . . . .**

This Journal has been published for twenty-two years. It is the only scientific Journal in the world devoted to the study of the disease and curability of inebriety, and is the recognized authority on this subject all over the world.

**The Subscription Price is Two Dollars a Year**

**Address T. D. CROTHERS, Editor, Hartford, Conn.**

THE

# Chicago School of Psychology

(INCORPORATED)

## 4020 Drexel Boul., Chicago, Ill.

HERBERT A. PARKYN, M. D.
Medical Superintendent

M. J. MURPHY
Secretary

Functional Disorders, such as Chronic Constipation, Dyspepsia, Diarrhoea, Dysmenorrhoea, Amenorrhoea, Etc. Nervous Diseases, including Locomotor Ataxia, Chorea, Epilepsy, Stammering and Asthma, Mental Troubles, such as Melancholia, Manias, Idiosyncrasies, Illusions, Delusions, Hallucinations, Stage Fright, Self-conciousness, Etc. Liquor, Drug and Tobacco Habits, Headaches, Rheumatism and Insomnia.

**Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.**

## A Diploma is Given to Every Graduate

**For terms of School Course or Private Treatments, address**

SECRETARY,

**The Chicago School of Psychology**

4020 DREXEL BOULEVARD CHICAGO, ILL.

IN RHEUMATISM, NEURALGIA, NERVOUSNESS, SCIATICA, DYSPEPSIA, SLEEPLESSNESS and FALLING of the WOMB I have PROVED that Electricity and Hypnotism will

CURE

ADDRESS ANNA E. PARK, M. D., 367 W. 23rd St., New York City

Hours: 9 A. M. to 4 P. M. Consultation Free

In active practice over forty years

# ALL THE WORLD LOVES A BARGAIN

Our readers form no exception to this rule, therefore they will take advantage of this

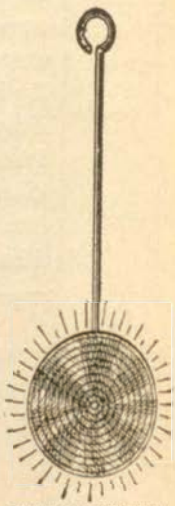
*Special Premium Offer*

(FOR A LIMITED TIME)

The Journal of Suggestive Therapeutics
For One Year (Price $1.00)

—AND—

The Easy Hypnotizer: Price 50 Cents
Packed with full directions for using



THE EASY HYPNOTIZER
is not sold separately from the Journal.

## BOTH FOR $1.00

This offer holds good for either **new** or **old** subscribers. Any one sending in $1.00 for a new subscriber will receive this instrument free, but in this case the new subscriber will not be given one.

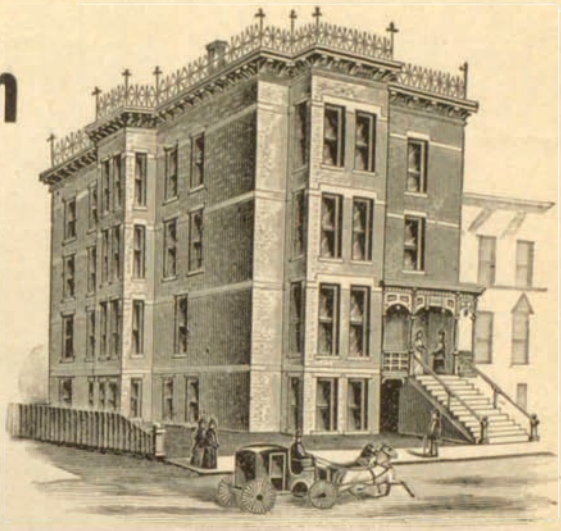
The premium books Hypnotism Up to Date and a Study in Hypnotism are not given with this offer.

☞ **WHY WE DO THIS.** The Journal of Suggestive Therapeutics alone is worth the dollar many times over, but we give this valuable premium because we will not lose one of our old subscribers if we can help it. The Easy Hypnotizer is given to encourage renewal, and increase our already large subscription list. Address at once,

THE PSYCHIC PUBLISHING COMPANY

211-212 Times-Herald Building, CHICAGO

# Sanitarium For Special Cases



A limited number of selected cases will be taken for treatment by Suggestive Therapeutics at the residence of the late Dr. B. L. Colwell, 3040 Calumet Avenue, Chicago. Every convenience will be found here for the comfort of patients requiring rest, pleasant surroundings, and quiet. All forms of nervous disorders, neurasthenia, mental diseases, and habits, with the exception of drug habits, are treated here.

The house is located in a quiet neighborhood, near to lines of travel to the city, electric, cable or elevated roads ; within easy distance of the parks on the south and the city on the north.

Careful attention is given to nervous invalids, with special attendance if desired.

This residence is designed to be a place of rest wherein by means of suggestion, hygienic surroundings, diet and exercise, sufferers from any nervous disorders may regain tone and health. The recuperative power in a patient is developed by suggestion. Medicine is only an assistance to Nature, sometimes effective, sometimes ineffective. By the use of suggestion we reach the recuperative power directly, calm the mind, quiet the nerves, and employ the most powerful restorative medium known—sleep.

Sleep rebuilds the body by permitting nutrition to proceed undisturbed. Sleep quiets the brain, and permits the restoration of strength and tone to the nervous system. Sleep checks pain and suggestion removes it.

Note the importance always attached by the trained physician to the appearance of sleep in his doubtful cases. Where there is sleep there is natural healing.

Address for terms and full information,

**SYDNEY FLOWER, LL. D.,**

**3040 Calumet Avenue, CHICAGO.**

# The Persian Facial Institute



**M. J. Alsbau, M. E., Dermatologist,**

RELIANCE BUILDING,
CHICAGO.

Sole Proprietor and Manufacturer of

**PERSIAN TOILET PREPARATIONS.**

**To the Readers of the Journal of Suggestive Therapeutics:**

In reply to the numerous inquiries received regarding my course of instruction in Dermatology, I have a few plain statements to make.

1. A complete course of instruction is given at this Institute, and the work is thoroughly taught. Students have the privilege of perfecting themselves in all branches of the work by treating patients under my supervision.

2. This is women's work, and I teach and treat women only.

3. The full course lasts from two to three weeks or longer, according to the student's capability. I allow no student to leave the Institute until she is fully satisfied of her ability to pursue the work.

4. Cost of instruction, including certificate, is: for a course of instruction in Dermatology, $100; for the Encroachment and Heroic Treatments, $500.

5. Comfortable homes are provided for patients and students coming from a distance, at reasonable cost.

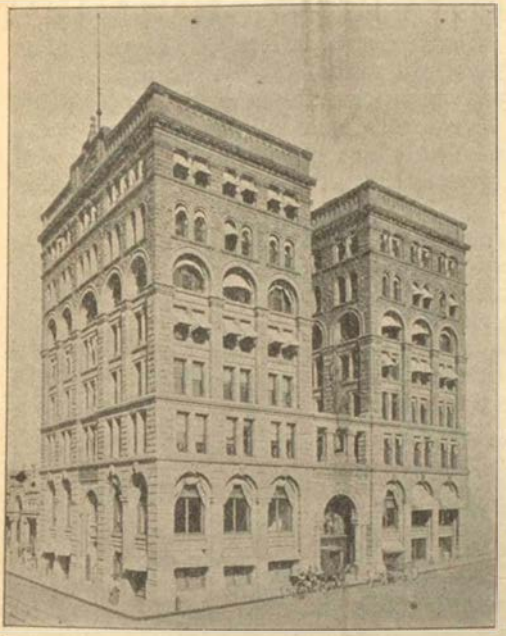
6. I do not teach or treat by mail, but inquiries are cheerfully answered.

7. This is an opportunity for women of all ages to learn a profession which will assure them an independent income.

8. The work is pleasant to do, and easily learned.

Address all communications to the above, and send for circulars.

# ST. PAUL FACIAL INSTITUTE



MRS. M. C. BIRD, Supt.
MRS. M. L. MARTIN, Mgr.

**81-82 GERMANIA LIFE BLDG., ST. PAUL, MINN.**

A full course in practical Dermatology, together with a handsome certificate for framing is given to our students. A thorough knowledge of electrical application and the use of the battery is included in the course.

We use the Heroic and Encroachment methods of treating the skin, when such treatment is advisable, and teach these methods to our students. We teach and treat women only at this institute.

Special attention is given to the removal of moles, pimples, scars, pock marks, etc.

For terms of our course of instruction, cost of treatment, etc., address as above.

Communications cheerfully answered and advice given by mail or by personal interview gratis to readers of this journal.

# The Garfield Park Sanitarium

## Chicago Ill.

This is the sixth year of this institution, which is the largest in the city. Its location, overlooking Garfield Park, cannot be excelled.

Many ladies, not only from this city, but from other states, have been greatly benefited by a few weeks at this Sanitarium. It is under the personal care of regularly educated and experienced physicians.

Send for illustrated pamphlet.

**Address C. S. FLEMING, Business Mgr.**

**Telephone West 724.** **1774 Washington Boul., CHICAGO.**

# THE SUGGESTER AND THINKER

EDITED BY ROBERT SHEERIN, M. D.,

is a popular monthly magazine, beautiful type and paper, devoted to an investigation of **suggestion and thought force,** their uses and abuses, and possibilities as **curative, moral and educational agents.** Its corps of contributors is its guarantee of success and of satisfaction to the reading public. It gives thorough study and elucidation of the facts of **hypnotism, telepathy, dreams, visions,** and all other **psychic phenomena.**

Subscription, $1.00 a year, in which time it will teach all the methods of hypnotizing, using suggestion in the cure of diseases, habits, etc., and all other possible ways. **In the August number** is begun a **series of articles detailing how to hypnotize.**

Clippings from current articles of both American and European journals and **portraits** of the **world's eminent psychologists** and **schools** of **suggestion** are a feature of each number.

PREMIUM LIST.

I. Suggester and Thinker one year and Pitzer's Suggestion ($1.00), - - - $1.50
II. Suggester and Thinker one year and Schlathoelter's Hypnotism Explained ($1.00) 1.50
III. Suggester and Thinker one year and How to Hypnotize, - - - - 1.00
IV. Suggester and Thinker one year and Flower's Hypnotism Up to Date - - 1.00
V. Suggester and Thinker one year and Flower's Study in Hypnotism, - - 1.00
VI. Suggester and Thinker one year and The Magic Hypnotizer, - - - 1.00

Write for sample copy, mentioning this journal. Address

**SUGGESTER AND THINKER PUB. CO., Cleveland, Ohio**


# Subscription Blank.

(Tear out and fill in.)

*Enclosed find $.....for which you will please enter my name as a subscriber to* The Journal of Suggestive Therapeutics, *for one year, beginning with the.....number, and send me* The Easy Hypnotizer *as premium, according to your printed offer in July number.*

*Signed*.....

*Address in Town*.....

*State*.....

# PUBLISHER'S PAGE.

Always mention, when writing advertisers, that you saw their advertisement in SUGGESTIVE THERAPEUTICS. It will secure you attention, and will directly benefit this journal.

The Norwich Pharmacal Company make you an offer worthy of your attention. Unguentine is a reliable product. Read their advertisement.

Mrs. Alsbau's classes in dermatology open on the 1st and 15th of each month. Here is a lucrative profession for women, and one easily learnt.

The Illinois College of Psychology and Suggestive Therapeutics takes only physicians, dentists and trained nurses for its students.

Special attention is given to the treatment of the idiotic and insane by suggestion, at the sanitarium of Dr. Thomas Bassett Keyes.

The daily clinic at the Chicago School of Psychology averages over thirty patients.

The new health magazine, Omega, has for its associate editor Dr. M. S. Holbrook, for over thirty years editor of the Journal of Hygiene. Secure a sample copy.

Dr. George C. Pitzer's book "Suggestion" (cloth, $1.00) is now offered as a premium with this Journal of Suggestive Therapeutics, one year—both for $1.50. With this offer we give no other premium.

The Easy Hypnotizer is in great demand, but we attach only slight importance to any mechanical means of inducing hypnosis.

One of the greatest facts in modern medicine is serum-therapy, or treatment by supplied blood. Write the Bovinine Company, New York City, for further particulars, mentioning this journal.

The St. Paul Facial Institute is thoroughly equipped to give treatment or instruction in dermatology with electricity and all latest appliances for treating the skin.

Dr. Waterbury cures the morphine habit in forty-eight hours without suffering to the patients.

If you have not seen a copy of "Girls," the small monthly magazine, write to this office, and a copy will be sent you.

If you want to give your friend a present that will be a source of joy to him for a whole year, order the journal of SUGGESTIVE THERAPEUTICS to be sent to his address for 1899 and the balance of '98. Or make seven friends happy by having the journal sent to their seven homes for one year; remit us $7 00, and receive for yourself free that splendid book, Bernheim's Suggestive Therapeutics ($3 50).

Send in your renewal. This journal is stopped at the expiration of the subscription without notice from the subscriber. Business is business.

Have you rheumatism, anchylosis, oedema of the joints? Order a Betz bath from us. Let the physician direct the treatment of dry heat, but own the apparatus yourself.

Dr. Anna E. Park, of New York City, is thoroughly versed in the application of suggestion in the cure of women's ills.

Dr. C. O Sabler's sanitarium is always full. Popularity conveys its moral—success.

# The Persian Facial Institute



**M. J. Alsbau, M. E., Dermatologist,**

RELIANCE BUILDING,
CHICAGO.

Sole Proprietor and Manufacturer of

**PERSIAN TOILET PREPARATIONS.**

**To the Readers of the Journal of Suggestive Therapeutics:**

In reply to the numerous inquiries received regarding my course of instruction in Dermatology, I have a few plain statements to make.

1. A complete course of instruction is given at this Institute, and the work is thoroughly taught. Students have the privilege of perfecting themselves in all branches of the work by treating patients under my supervision.

2. This is women's work, and I teach and treat women only.

3. The full course lasts from two to three weeks or longer, according to the student's capability. I allow no student to leave the Institute until she is fully satisfied of her ability to pursue the work.

4. Cost of instruction, including certificate, is: for a course of instruction in Dermatology, $100; for the Encroachment and Heroic Treatments, $500.

5. Comfortable homes are provided for patients and students coming from a distance, at reasonable cost.

6. I do not teach or treat by mail, but inquiries are cheerfully answered.

7. This is an opportunity for women of all ages to learn a profession which will assure them an independent income.

8. The work is pleasant to do, and easily learned.

Address all communications to the above, and send for circulars.

# SPECIAL TO OUR SUBSCRIBERS Only

**COMMISSIONS** THIS offer is addressed only to bona fide subscribers to the JOURNAL OF SUGGESTIVE THERAPEUTICS, who have paid their subscriptions for one year, and by so doing have shown that they take more than a casual interest in the study of suggestion.

**BOOKS OR CASH?** We will allow each of our subscribers a cash commission of 40 per cent upon any new subscriptions sent in; in other words, we will send THE JOURNAL OF SUGGESTIVE THERAPEUTICS one year, and the Easy Hypnotizer as premium, to any address sent us, upon receipt of 60 cents: **Provided** that the name sent in is that of a **new** subscriber, sent by an **old** subscriber. Note that this offer is made simply to encourage our subscribers to extend our subscription list for their advantage and ours. We allow no commission on renewals.

## DO YOU WANT BOOKS?

Take Your Choice of any Book We Offer for Sale.

**HUDSON'S LAW OF PSYCHIC PHENOMENA** ($1.50) is a good book to have. Send us the names of three new subscribers, with $3.00, and we will send to each THE JOURNAL OF SUGGESTIVE THERAPEUTICS for one year, with the Easy Hypnotiser, and to you a free copy of Hudson's Law.

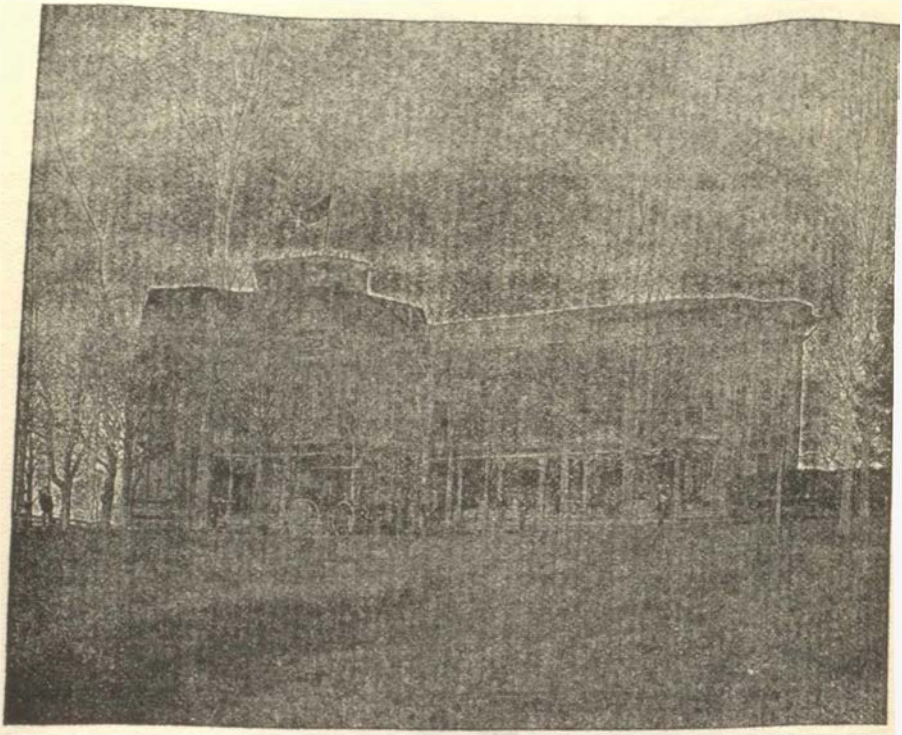
**LLOYD TUCKEY'S PSYCHO-THERAPEUTICS** ($2.00) is one of the best books ever written on this work. A classic in itself, yet simply and plainly written. Send us four new subscribers, and get a copy free.

**BERNHEIM'S SUGGESTIVE THERAPEUTICS** ($3.50) is the one volume above all others which the student of this science takes delight in possessing. Send us seven new subscribers with $7.00 and get a copy free.

**These are the Largest Book Commissions which Have Ever Been Offered, amounting as they do to a discount of 50 per cent upon subscriptions.**

**NEED YOUR HELP** We need the help of our old subscribers to advance a knowledge of Suggestive Therapeutics. We have 3,000 paid up subscribers. If each one will give from ten to fifteen minutes each day to interest his friends in this journal, he can secure enough subscriptions to double our circle of readers, and can at the same time obtain for himself a library of very valuable books upon this subject within one month. Don't give your Journals to your friends with a request that they look them over when they can find time, because that will be the last of your copies, and we cannot supply others. Don't write to us for samples; we have not more than enough to supply subscribers. Simply assure your friends that their investment of a dollar will be money well spent, and make it a matter of personal influence. We will guarantee that they will not regret their bargain. We give the facts; have no axe to grind, and care nothing about theories. We seek the truth, and if theories do not fit facts, the theories must be dropped. Spread the good work.

THE PSYCHIC PUBLISHING COMPANY,
211, 212 Times Herald Building, CHICAGO.




## "WALNUT LODGE HOSPITAL," Hartford, Conn.

A Private Asylum Chartered in 1880 for the Special Treatment of
ALCOHOL AND OPIUM INEBRIATES.

This Institution is founded on the modern view that inebriety is a Disease and Curable. Each Case is made the subject of special study and special medical treatment, suited to meet the exact requirements of the case. Application for Admission, Terms and Letters of Inquiry, should be addressed,

T. D. CROTHERS, M. D., FAIRFIELD AVE., HARTFORD, CONN

---

THE

# JOURNAL OF INEBRIETY

THE ORGAN OF THE AMERICAN ASSOCIATION FOR THE STUDY AND CURE OF INEBRIETY . . . .

This Journal has been published for twenty-two years. It is the only scientific Journal in the world devoted to the study of the disease and curability of inebriety, and is the recognized authority on this subject all over the world.

**The Subscription Price is Two Dollars a Year**

Address T. D. CROTHERS, Editor, Hartford, Conn.

THE

# Chicago School of Psychology

(INCORPORATED)

## 4020 Drexel Boul., Chicago, Ill.

HERBERT A. PARKYN, M. D.
Medical Superintendent

M. J. MURPHY
Secretary

Functional Disorders, such as Chronic Constipation, Dyspepsia, Diarrhoea, Dysmenorrhoea, Amenorrhoea, Etc. Nervous Diseases, including Locomotor Ataxia, Chorea, Epilepsy, Stammering and Asthma, Mental Troubles, such as Melancholia, Manias, Idiosyncrasies, Illusions, Delusions, Hallucinations, Stage Fright, Self-conciousness, Etc. Liquor, Drug and Tobacco Habits, Headaches, Rheumatism and Insomnia. ∴∴∴

**Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.**

## A Diploma is Given to Every Graduate

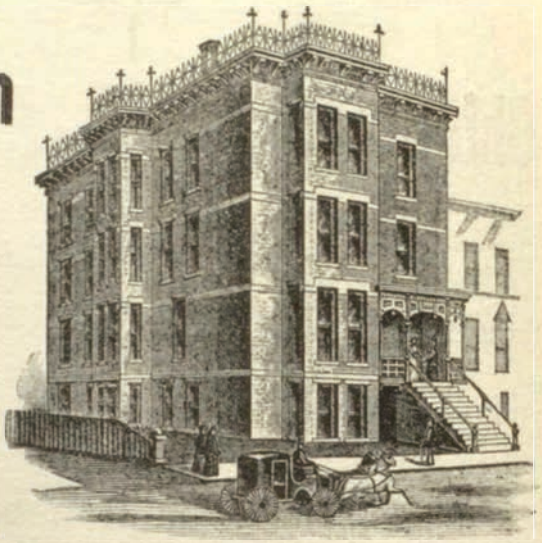
**For terms of School Course or Private Treatments, address**

SECRETARY,

## The Chicago School of Psychology

4020 DREXEL BOULEVARD CHICAGO, ILL.

# Sanitarium For Special Cases



A limited number of selected cases will be taken for treatment by Suggestive Therapeutics at the residence of the late Dr. B. L. Colwell, 3040 Calumet Avenue, Chicago. Every convenience will be found here for the comfort of patients requiring rest, pleasant surroundings, and quiet. All forms of nervous disorders, neurasthenia, mental diseases, and habits, with the exception of drug habits, are treated here.

The house is located in a quiet neighborhood, near to lines of travel to the city, electric, cable or elevated roads ; within easy distance of the parks on the south and the city on the north.

Careful attention is given to nervous invalids, with special attendance if desired.

This residence is designed to be a place of rest wherein by means of suggestion, hygienic surroundings, diet and exercise, sufferers from any nervous disorders may regain tone and health. The recuperative power in a patient is developed by suggestion. Medicine is only an assistance to Nature, sometimes effective, sometimes ineffective. By the use of suggestion we reach the recuperative power directly, calm the mind, quiet the nerves, and employ the most powerful restorative medium known—sleep.

Sleep rebuilds the body by permitting nutrition to proceed undisturbed. Sleep quiets the brain, and permits the restoration of strength and tone to the nervous system. Sleep checks pain and suggestion removes it.

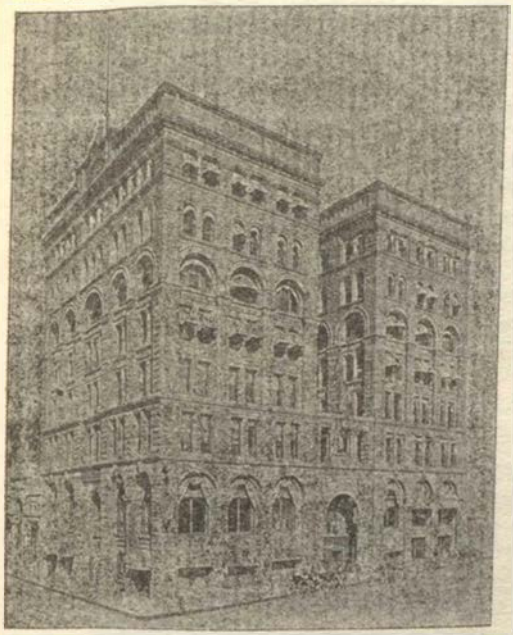
Note the importance always attached by the trained physician to the appearance of sleep in his doubtful cases. Where there is sleep there is natural healing.

Address for terms and full information,

**SYDNEY FLOWER, LL. D.,**

**3040 Calumet Avenue, CHICAGO.**

# ST. PAUL FACIAL INSTITUTE



MRS. M. C. BIRD, Supt.
MRS. M. L. MARTIN, Mgr.

**81-82 GERMANIA LIFE BLDG., ST. PAUL, MINN.**

A full course in practical Dermatology, together with a handsome certificate for framing is given to our students. A thorough knowledge of electrical application and the use of the battery is included in the course.

We use the Heroic and Encroachment methods of treating the skin, when such treatment is advisable, and teach these methods to our students. We teach and treat women only at this institute.

Special attention is given to the removal of moles, pimples, scars, pock marks, etc.

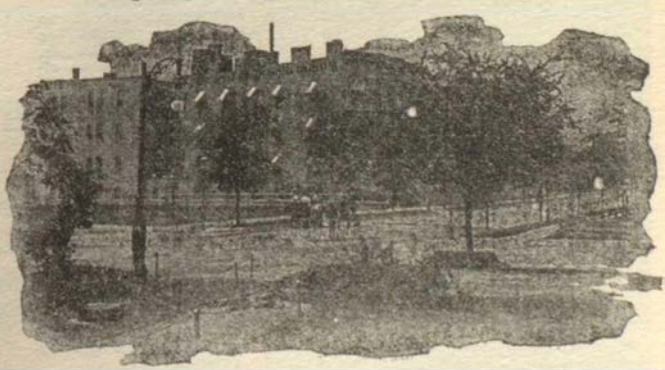
For terms of our course of instruction, cost of treatment, etc., address as above.

☞ Communications cheerfully answered and advice given by mail or by personal interview gratis to readers of this journal

---

# The Garfield Park Sanitarium

CHICAGO, ILL.



This is the sixth year of this institution, which is the largest in the city. Its location, overlooking Garfield Park, cannot be excelled.

Many ladies, not only from this city, but from other states, have been greatly benefited by a few weeks at this Sanitarium. It is under the personal care of regularly educated and experienced physicians.

Send for illustrated pamphlet, and mention this Journal when writing.

**Address C. S. FLEMING, Business Mgr.**

**Telephone West 724.** **1774 Washington Boul., CHICAGO.**

*"We begin at the other end."*

# OMEGA...

## ...A RADICAL HEALTH MAGAZINE

Thoroughly "up-to-date."
Avoids platitudes and fads.
Reveals the secret the ages have kept
—The Key to Perpetual Health and Vigor.
Answers questions and admits criticism.
Publishes the ripe conclusions of the most
progressive minds of the day.

**OMEGA** is a consolidation of four hygienic magazines. Other magazines on the ragged edge may apply to us.

**ONLY $1.00 A YEAR; TEN CENTS A COPY.** Sample, including premium offer, free to you. Let us have your name. Mention this Journal. Address

**OMEGA PUBLISHING CO.,**
**1562 BROADWAY, N. Y. CITY.**

---

**FREE!**

## AN ANTISEPTIC DRESSING
### IN AN ANTISEPTIC PACKAGE.

**GOOD FOR ALL SORES, CUTS, INFLAMMATORY CONDITIONS, ETC.**



**Progress in Surgery...**

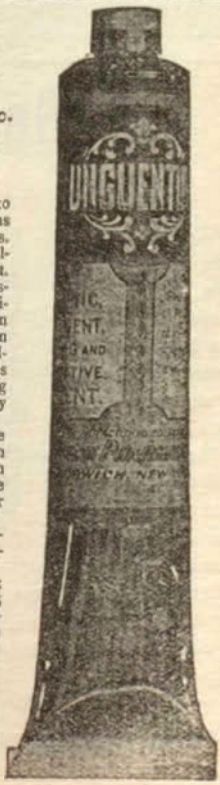
Has been largely due to antiseptic preparations and aseptic methods. Unguentine in the collapsible tube fills a want. Acting upon the suggestions of prominent physicians we take pleasure in offering to the profession Unguentine in the collapsible tube which gives an antiseptic dressing put up in a thoroughly antiseptic container.

Its advantages are many. The ointment can be easily applied on skin or bandage without the use of a spatula or other instrument.

It is the most economical, as it is the least expensive.

The tube holds about 2 ounces and costs 25 cents. From the numerous letters of commendation we have already received from the profession we feel sure that the friends and users of Unguentine are pleased with this new container.

To introduce Unguentine to you in the collapsible tube we will be pleased to send you, upon request, one tube, free of expense, if you mention SUGGESTIVE THERAPEUTICS.




**THE NORWICH PHARMACAL COMPANY,**
**SOLE MANUFACTURERS, NORWICH, NEW YORK.**

IN RHEUMATISM, NEURALGIA, NERVOUSNESS, SCIATICA, DYSPEPSIA, SLEEPLESSNESS and FALLING of the WOMB I have PROVED that Electricity and Hypnotism will

CURE

ADDRESS ANNA E. PARK, M. D., 367 W. 23rd St., New York City
Hours: 9 A. M. to 4 P. M. Consultation Free
In active practice over forty years

ALL THE WORLD LOVES A BARGAIN

Our readers form no exception to this rule, therefore they will take advantage of this

*Special Premium Offer*
(FOR A LIMITED TIME)

The Journal of Suggestive Therapeutics
For One Year (Price $1.00)
—AND—
The Easy Hypnotizer: Price 50 Cents
Packed with full directions for using

BOTH FOR $1.00



THE EASY HYPNOTIZER
is not sold separately from the Journal.

DOCTOR Do You Cure . . . Your Goitre Patients?

I cure all of mine and receive from $25 to $50 from each of them. The cost of treating a case will not exceed $1.00. Inclose a two-cent stamp for particulars.

LOCK BOX 604. F. E. MAY, M. D., Bloomington, Ill.

Insomnia and Neuralgia, Sick or Nervous Headaches
Absolutely cured or No Pay for Treatment. Particulars upon application.
WINDSOR SANITARIUM,
CHATHAM, NEW YORK.
Finest Sanitarium in America.

Have you seen a copy of
"Girls?"
Send for a copy. A post card brings it.
Address 211-212 Times-Herald Building, CHICAGO.

# THE SUGGESTER AND THINKER

**EDITED BY ROBERT SHEERIN, M. D.,**

is a popular monthly magazine, beautiful type and paper, devoted to an investigation of **suggestion and thought force,** their uses and abuses, and possibilities as **curative, moral and educational agents.** Its corps of contributors is its guarantee of success and of satisfaction to the reading public. It gives thorough study and elucidation of the facts of **hypnotism, telepathy, dreams, visions,** and all other **psychic phenomena.**

Subscription, $1.00 a year, in which time it will teach all the methods of hypnotizing, using suggestion in the cure of diseases, habits, etc., and all other possible ways. **In the August number** is begun a **series of articles detailing how to hypnotize.**

Clippings from current articles of both American and European journals and **portraits** of the **world's eminent psychologists** and **schools of suggestion** are a feature of each number.

**PREMIUM LIST.**

| | | |
|---|---|---|
| I. | Suggester and Thinker one year and Pitzer's Suggestion ($1.00), - - - | $1.50 |
| II. | Suggester and Thinker one year and Schlathoelter's Hypnotism Explained ($1.00) | 1.50 |
| III. | Suggester and Thinker one year and How to Hypnotize, - - - - - | 1.00 |
| IV. | Suggester and Thinker one year and Flower's Hypnotism Up to Date - - | 1.00 |
| V. | Suggester and Thinker one year and Flower's Study in Hypnotism, - - | 1.00 |
| VI. | Suggester and Thinker one year and The Magic Hypnotizer, - - - | 1.00 |

Write for sample copy, mentioning this journal. Address

**SUGGESTER AND THINKER PUB. CO., Cleveland, Ohio**

---

# Subscription Blank.

**(Tear out and fill in.)**

*Enclosed find $.....for which you will please enter my name as a subscriber to* The Journal of Suggestive Therapeutics, *for one year, beginning with the.....number, and send me* The Easy Hypnotizer *as premium, according to your printed offer in July number.*

*Signed*.....

*Address in Town*.....

*State*.....

# BOOKS PUBLISHED AND FOR SALE

—— BY THE ——

## PSYCHIC PUBLISHING COMPANY.

| | | |
|---|---|---|
| **Bigelow.** | The Mystery of Sleep | $1.50 |
| **Bernheim.** | Suggestive Therapeutics | 3.50 |
| **Mann.** | Manual of Psychological Medicine | 3.00 |
| **Rone.** | Psychology as a Natural Science | 3.50 |
| **Ribot.** | Diseases of the Memory | 1.50 |
| **Tuke.** | Influence of Mind Upon Body | 3.00 |
| **Lyman.** | Insomnia and Disorders of Sleep | 1.50 |
| **Flower.** | A Study in Hypnotism | 1.00 |
| **Flower.** | Hypnotism Up to Date | 1.00 |
| **Bastian.** | The Brain as an Organ of Mind | 2.50 |
| **Notzing.** | Suggestive Therapeutics in Psychopathia Sexualis | 2.50 |
| **Maudsley.** | Pathology of the Mind | 2.00 |
| **Corning.** | Headache and Neuralgia | 2.75 |
| **Hudson.** | The Law of Psychic Phenomena | 1.50 |
| **Hudson.** | A Scientific Demonstration of the Future Life | 1.50 |
| **Binet and Fere.** | Animal Magnetism | 1.50 |
| **Cocke** | Hypnotism | 1.50 |
| **Holbrook.** | Hygienic Treatment of Consumption | 2.00 |
| **Moll.** | Hypnotism | 1.25 |
| **Krafft-Ebing.** | Psychopathia Sexualis | 3.00 |

**Any of these Books will be Sent Postpaid on Receipt of the Price Quoted.**

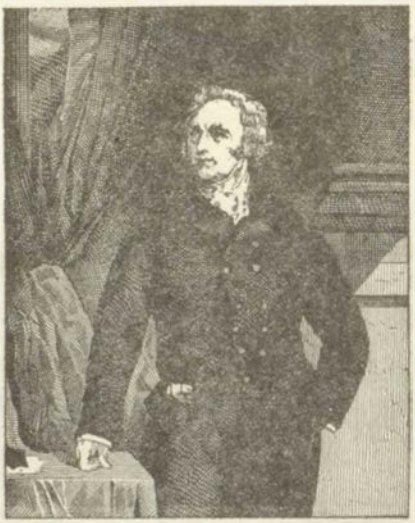
## Address The Psychic Publishing Co.

**211-212 Herald Building, Chicago.**

FREE!

## AN ANTISEPTIC DRESSING
### IN AN ANTISEPTIC PACKAGE.

GOOD FOR ALL SORES, CUTS, INFLAMMATORY CONDITIONS, ETC.



**Progress in Surgery...**

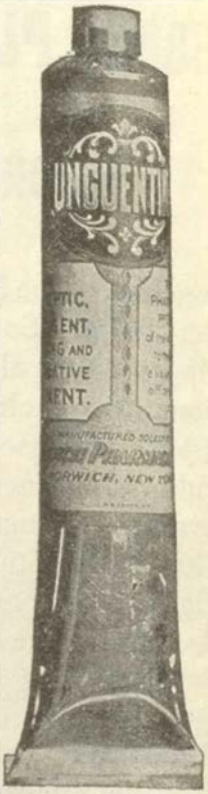
Has been largely due to antiseptic preparations and aseptic methods. Unguentine in the collapsible tube fills a want. Acting upon the suggestions of prominent physicians we take pleasure in offering to the profession Unguentine in the collapsible tube which gives an antiseptic dressing put up in a thoroughly antiseptic container.

Its advantages are many. The ointment can be easily applied on skin or bandage without the use of a spatula or other instrument.

It is the most economical, as it is the least expensive.

The tube holds about 2 ounces and costs 25 cents. From the numerous letters of commendation we have already received from the profession we feel sure that the friends and users of Unguentine are pleased with this new container.

To introduce Unguentine to you in the collapsible tube we will be pleased to send you, upon request, one tube, free of expense, if you mention SUGGESTIVE THERAPEUTICS.




THE NORWICH PHARMACAL COMPANY,
SOLE MANUFACTURERS, NORWICH, NEW YORK.

*"We begin at the other end."*

# OMEGA...

## ...A RADICAL HEALTH MAGAZINE

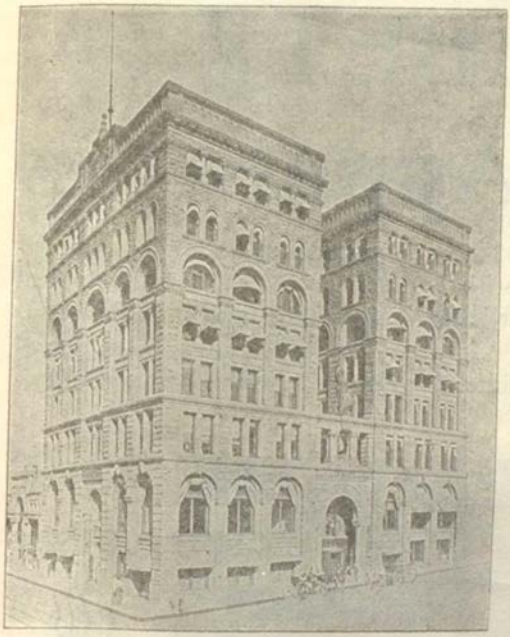
Thoroughly "up-to-date."
Avoids platitudes and fads.
Reveals the secret the ages have kept
—The Key to Perpetual Health and Vigor.
Answers questions and admits criticism.
Publishes the ripe conclusions of the most
progressive minds of the day.

**OMEGA** is a consolidation of four hygienic magazines. Other magazines on the ragged edge may apply to us.

**ONLY $1.00 A YEAR; TEN CENTS A COPY.** Sample, including premium offer, free to you. Let us have your name. Mention this Journal. Address

**OMEGA PUBLISHING CO.,**
1562 BROADWAY, N. Y. CITY.

# ST. PAUL FACIAL INSTITUTE



MRS. M. C. BIRD, Supt.
MRS. M. L. MARTIN, Mgr.

**81-82 GERMANIA LIFE BLDG., ST. PAUL, MINN.**

A full course in practical Dermatology, together with a handsome certificate for framing is given to our students. A thorough knowledge of electrical application and the use of the battery is included in the course.

We use the Heroic and Encroachment methods of treating the skin, when such treatment is advisable, and teach these methods to our students. We teach and treat women only at this institute.

Special attention is given to the removal of moles, pimples, scars, pock marks, etc.

For terms of our course of instruction, cost of treatment, etc., address as above.

☞ Communications cheerfully answered and advice given by mail or by personal interview gratis to readers of this journal

---

# The Garfield Park Sanitarium

CHICAGO, ILL.



This is the sixth year of this institution, which is the largest in the city. Its location, overlooking Garfield Park, cannot be excelled.

Many ladies, not only from this city, but from other states, have been greatly benefited by a few weeks at this Sanitarium. It is under the personal care of regularly educated and experienced physicians.

Send for illustrated pamphlet, and mention this Journal when writing.

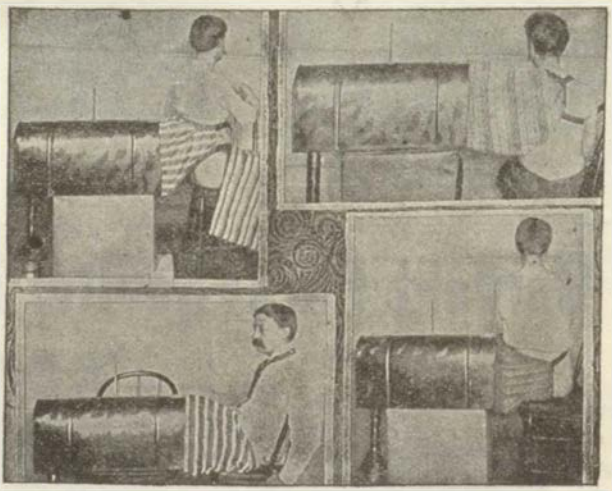
**Address C. S. FLEMING, Business Mgr.**

**Telephone West 724.** **1774 Washington Boul., CHICAGO.**

**WE ARE AGENTS FOR THE BETZ BATHS AND SELL DIRECT TO**

# THE BETZ
# Hot Air Apparatus

is the only one made with all attachments for treating arms, legs, shoulders, hips, kidneys and abdomen with hot air at 450° F., for the topical treatment of acute, subacute, articular and gonorrhoeal rheumatism, arthritis, ankylosis, synovitis, etc. In other words, to cause absorption of effusion and restore mobility to joints stiffened by injury or disease, relieving pain immediately.



Out of 1,000 inquiries not one would return the apparatus for what he paid for it. We make all kinds. Over 60,000 sold to physicians and hospitals alone.

| | | |
|---|---|---|
| The apparatus, made of steel oxidized copper, with all attachments for treating limbs and body—thermometer, alcohol heater, etc., only | $20.00 | |
| Same outfit as above, made of Galvanized Iron, | 12.00 | |
| With Sterilizing Attachments, | $1.00 | extra |
| " Steel Stand, Enameled, | 3.50 | " |
| " Seven yards Turkish Toweling, | 1.00 | " |
| " Gasoline Heating Attachments, | 2.50 | " |

**Full Particulars and Dire[illegible]s sent with each order.**

IN RHEUMATISM, NEURALGIA, NERVOUSNESS, SCIATICA, DYSPEPSIA, SLEEPLESSNESS and FALLING of the WOMB I have PROVED that Electricity and Hypnotism will

CURE.

ADDRESS ANNA E. PARK, M. D., 367 W. 23rd St., New York City

Hours: 9 A. M. to 4 P. M. Consultation Free

In active practice over forty years

CURE OF DISEASE SIMPLIFIED.

By MARY R. MELENDY, M. D.

Price Cut to $1.50 Postpaid.

An admirable and complete **Health Guide.** Special chapters upon **"Parturition Without Pain," "Deep Breathing," "Change of Life,"** etc., by an experienced and successful Physician. A book for everyone, Physician, Parent, Husband, Wife.

Psychic Pub. Co., 211-212 Times-Herald Bldg., Chicago.

THE LITTLE BOOK, "How to Hypnotize,"

—BY—

Sydney Flower, LL. D.

Now in press; 10 c. a copy, or given Free with this Journal One Year.. $1

**To Close Out** The remaining few hundred copies of

**Flower's "A Study in Hypnotism."**

Cloth, 226 pages. We cut the price from $1.00 to **60 cents,** postpaid. Secure a copy.

PSYCHIC PUB. CO.

WE PAY POSTAGE

All you have guessed about life insurance may be wrong. If you wish to know the truth, send for "How and Why," issued by the PENN MUTUAL LIFE, 921-3-5 Chestnut Street, Philadelphia.

**Dynamical Therapeutics.** The most extensive work on Specific Medication ever published, 984 pp. **New Edition, Revised and Enlarged. The universal verdict** of those who have used the first edition is, "I prize it above all other works on the same subject in my library." Price, cloth, $5; half Russia, $6. Sent on application by express, C.O.D.

Webster Medical Publishing Co.,
250 Douglass St., San Francisco, Cal.

DOCTOR Do You Cure . . . Your Goitre Patients?

I cure all of mine and receive from $25 to $50 from each of them. The cost of treating a case will not exceed $1.00. Inclose a two-cent stamp for particulars.

LOCK BOX 604. F. E. MAY, M. D., Bloomington, Ill.

**Insomnia and Neuralgia, Sick or Nervous Headaches**

Absolutely cured or No Pay for Treatment. Particulars upon application.

WINDSOR SANITARIUM,
CHATHAM, NEW YORK.
Finest Sanitarium in America.

Have you seen a copy of

"Girls?"

Send for a copy. A post card brings it.
Address 211-212 Times-Herald Building, CHICAGO.

THE

# Chicago School of Psychology

(INCORPORATED)

4020 Drexel Boul., Chicago, Ill.

HERBERT A. PARKYN, M. D.
Medical Superintendent

M. J. MURPHY
Secretary

Functional Disorders, such as Chronic Constipation, Dyspepsia, Diarrhoea, Dysmenorrhoea, Amenorrhoea, Etc. Nervous Diseases, including Locomotor Ataxia, Chorea, Epilepsy, Stammering and Asthma, Mental Troubles, such as Melancholia, Manias, Idiosyncrasies, Illusions, Delusions, Hallucinations, Stage Fright, Self-conciousness, Etc. Liquor, Drug and Tobacco Habits, Headaches, Rheumatism and Insomnia.

**Instruction given to physicians and students with practical work in Psycho-Therapeutics at the morning clinic, which averages over twenty patients.**

## A Diploma is Given to Every Graduate

**For terms of School Course or Private Treatments, address**

SECRETARY,

**The Chicago School of Psychology**

4020 DREXEL BOULEVARD CHICAGO, ILL.

LB S '08

# THE SUGGESTER AND THINKER

EDITED BY ROBERT SHEERIN, M. D.,

is a popular monthly magazine, beautiful type and paper, devoted to an investigation of **suggestion and thought force,** their uses and abuses, and possibilities as **curative, moral and educational agents.** Its corps of contributors is its guarantee of success and of satisfaction to the reading public. It gives thorough study and elucidation of the facts of **hypnotism, telepathy, dreams, visions,** and all other **psychic phenomena.**

Subscription, $1.00 a year, in which time it will teach all the methods of hypnotizing, using suggestion in the cure of diseases, habits, etc., and all other possible ways. **In the August number** is begun a **series of articles detailing how to hypnotize.**

Clippings from current articles of both American and European journals and **portraits** of the **world's eminent psychologists** and **schools** of **suggestion** are a feature of each number.

PREMIUM LIST.

I. Suggester and Thinker one year and Pitzer's Suggestion ($1.00), - - - $1.50
II. Suggester and Thinker one year and Schlathoelter's Hypnotism Explained ($1.00) 1.50
III. Suggester and Thinker one year and How to Hypnotize, - - - - 1.00
IV. Suggester and Thinker one year and Flower's Hypnotism Up to Date - - 1.00
V. Suggester and Thinker one year and Flower's Study in Hypnotism, - - 1.00
VI. Suggester and Thinker one year and The Magic Hypnotizer, - - - 1.00

Write for sample copy, mentioning this journal. Address

**SUGGESTER AND THINKER PUB. CO., Cleveland, Ohio**


---

# Subscription Blank.

**(Tear out and fill in.)**

*Enclosed find $.....for which you will please enter my name as a subscriber to* The Journal of Suggestive Therapeutics, *for one year, beginning with the.....number, and send me* "How to Hypnotize" *as premium, according to your printed offer in July number.*

*Signed*.....

*Address in Town*.....

*State*.....

# The Persian Facial Institute



## M. J. Alsbau, M. E., Dermatologist,

RELIANCE BUILDING,
CHICAGO.

Sole Proprietor and Manufacturer of

## PERSIAN TOILET PREPARATIONS.

READERS of THE JOURNAL OF SUGGESTIVE THERAPEUTICS will be interested to know that a complete course in DERMATOLOGY is given at this Institute in two weeks. This is pleasant and profitable work for women to take up, and never fails to ensure a good livelihood. The use of electricity in connection with the work is thoroughly taught, and a Diploma is issued to each student at the end of her term, guaranteeing that she is competent. The work is easily learned.

**PHYSICIANS AND PATIENTS** Everywhere endorse THE ALSBAU ELECTRIC CUP, which has given thorough satisfaction as a Tissue-developer, and for use in all Nervous or Spinal Troubles. It can be used with or without the electric battery. It is indestructible; made in 3 sizes; **Price, $2.50,** carriage paid, or set of 3 different sizes, **$7.00.** Tell us what you want this Cup for when ordering, and we shall know what size is best to send you. Thin women or invalids should never be without one of these Cups for daily massage treatment. Address:



MADAME ALSBAU,

**Suite 1100, Reliance Building,** CHICAGO.

# Illinois College of Psychology and Suggestive Therapeutics (INCORPORATED)

FACULTY

HARRY B. SOLTAN, M. D., President.
Professor of Psychology and Suggestive Therapeutics, Harvey Medical College.

E. PERRY RICE, M. D., Treasurer.
Professor of Laryngology and Rhinology, Jenner Medical College.

ALBERT H. BURR, Ph. B., M. D., Secretary.
Adjunct Professor of Principles and Practice of Medicine, College of Physicians and Surgeons.

## Reliance Bldg., 100 State St. ...CHICAGO...

This College has been established for the purpose of instructing Physicians, Dentists and Students of Medicine in the science and practice of Suggestive Therapeutics.

Instruction is given by didactic and clinical lectures. Patients are treated at the daily clinics, by suggestion, for the relief of functional disorders; e. g., hysterical neurosis, paralysis and contractures, drug habits of all kinds, epilepsy, constipation, neuralgic headaches, insomnia, stuttering and minor surgical operations under suggestive anæsthesia.

In our large and varied clinics students are given ample opportunity to test their ability to induce psychical states and make appropriate suggestions.

Physicians are invited to visit these clinics on Monday, Wednesday and Friday evenings of each week from 8 to 9:30 p. m.

Regular courses begin on the 1st and 15th of each month.

**DIPLOMAS ISSUED TO GRADUATES.**

For terms of course, cost of private treatment, and full information, address

ALBERT H. BURR, M. D., Secy.
Reliance Building, 100 State St., Chicago.

**Suite 1106.**

---

# KEYES SANITARIUM

FOR THE TREATMENT OF
ALL CHRONIC DISEASES

## SURGERY--SUGGESTION--MEDICINE

Hydrotheracy. Irrigations of the stomach, colon, etc., Electricity, Hot Air, Music, Massage, etc., and ALL of the means which the latest scientific investigations have found useful COMBINED FOR THE CURE of disease. Special attention given to the treatment of sexual disorders as IMPOTENCE, masturbation, etc., to the treatment of the Feeble-minded, Brain-exhaustion, Neurasthenia, Hysteria, Melancholia, Epilepsy and all nervous affections, Paralysis, Rheumatism, Tubercular sinuses, Fistula, and swellings of the joints, Deformities, Contractures, etc., Alcoholism, Cocainism, Morphinism, etc.

## CANCER

Remove, Then suggestion to heal the wound and prevent the return of the disease.

## CONSUMPTION

Section of the pneumogastric nerve causes inflammation of the lungs and death. That consumption is due to ennervation of this nerve has gained certain intelligent adherents. This ennervation may be due to any irritation, generally catarrh of the stomach. In treating consumption we seek to remove the irritation, correct the conditions about the nose and throat, and wash out the stomach. In addition we use inhalations, etc., and in selected cases the forced rest obtained by nitrogen gas as recently advocated by Murphy. Then suggestion to stimulate ganglionic activity. Cure is generally certain.

In the treatment of many diseases we seek to remove the cause by proper medical, surgical, or topical treatment as the case requires. The nose, throat, stomach, generative organs, rectum, and all organs are corrected if need be. Then suggestion to remove the symptoms and increase the physiological workings of the body. For information apply to

THOS. BASSETT KEYES, M. D.,
100 State St., CHICAGO.

**Send for Prints.**

# DR. SAHLER'S SANITARIUM

## KINGSTON, N. Y.

**SPECIAL DEPARTMENTS.** Homeopath, Allopath, Vital Magnetic, Suggestive Therapeutics.

The following ailments have been and are now being successfully treated:

**NERVOUS DISORDERS AND MENTAL DELUSIONS.** **ALL KINDS OF HEADACHES AND PAINS.**

| | | | |
|---|---|---|---|
| Fears, | Insomnia, | Neuralgia, | Neurasthenia, |
| Hatred, | Monomania, | Aphonia, | Constipation, |
| Paresis, | Paralysis, | Irritableness, | St. Vitus Dance, |
| Epilepsy, | Dyspepsia, | Stammering, | Writers' Cramp, |
| Amnesia, | Bad Tempers, | Dysmenorrhea, | Somnambulism, |
| Hysteria, | Melancholia, | Kleptomania, | All Rheumatic Affections, |
| | Asthma, | Hay Fever, | |

## CONSUMPTION.

SPECIAL ATTENTION TO

**FUNCTIONAL SEXUAL DISORDERS.** **CANCERS REMOVED WITHOUT USE OF KNIFE.**

Persons thinking themselves incurable of any of the above conditions, other treatment having failed, should try suggestive treatment.

**School of Suggestive Therapeutics.** Practical Instructions and Work Given to Physicians and Students Daily at Office.

Terms for treatment, length of course for Students, etc., address,

***DR. C. O. SAHLER, - - Kingston, N. Y.***

---

# THE ST. LOUIS
# School of Suggestive Therapeutics and Medical Electricity

(INCORPORATED)

**Degrees Conferred and Diplomas Awarded to Graduates.**

THIS SCHOOL was established for the purpose of instructing Physicians, Medical Students, Dentists, Trained Nurses and other well educated people, in the science and art of Suggestive Therapeutics; and those who want it are taught the practical application of Electricity in the treatment of all diseases where it can be used to advantage, including X-ray work.

A complete exposition of Psychological Medicine is given, as expounded by Liebeault, Bernheim, Tuke, Moll, Tuckey, Hudson, etc. The psychological treatment of diseases is thoroughly elucidated by didactic lectures and practical demonstrations upon subjects and clinics before our classes. Furthermore, our students are fully instructed in all the modern methods of Hypnotism and are favored by the privilege of actual personal practice in handling and controlling subjects in our psychological clinics, under our immediate observation and instruction. This enables them to go out and apply this practice at once.

We give special attention to the personal treatment of all chronic, functional and nervous diseases, and habits of every kind, and all stubborn diseases that have resisted ordinary methods of treatment.

Send for our 16-page free pamphlet, describing our methods of personal and distant treatment. While we like to see our patients and treat them personally, we make many remarkable cures at a distance. PAMPHLET FREE!

Send $1.00 for our book, Suggestion in the Cure of Diseases and the Correction of Vices. This is a book for everybody. It explains the principles and practice of Suggestive Therapeutics, and tells how Christian Science, Mental Science, and all so-called Faith Cures succeed.

For information about school sessions, fees, etc., send for our school announcement, free. Letters from patients or prospective students answered promptly. Address the Principal,

**GEO. C. PITZER, M. D.,**

3955 W. BELLE PLACE, ST. LOUIS, MO.